

THE BEGINNINGS
AABA gathered information
from families over the past nine
years from workshops, informal
surveys, and advocacy work.
AABA asked parents what do you
need most? The answer was sup-
port and relief!
AABA took on the enormous
task of designing the first respite
program in Alaska whose goal is
to provide relief for parents
raising traumatized children!

The **TRUST**
The Alaska Mental Health
Trust Authority

What does R.A.V.E.N stand for:

- R. Respite
Relationships
Reciprocity
- A. Accountability
Attunement
- V. Vocation
- E. Exercise
- N. Networking

How will R.A.V.E.N. implement the
Respite Program?

By offering:

- Crisis Intervention;
- A Support ,and
Skill Building Program

These programs will help generate new
energy and vitality for parents; helping
them to create the healthy, nurturing, and
intact family environment for all family
members!

To learn more about the programs; how you
can become involved, or to make a tax-

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*R.A.V.E.N. RESPITE
Educating and Helping
Families acheive a healthy,
nuturing familyunit!*

A project of
Alaska Attachment and Bonding
Associates
1301 W. Century Circle, Suite A
Wasilla, AK 99687-2188
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What does the Project *need*?

- Parent invlovement is crucial to the project! Why? Because no knows the needs of a parent more than other parents who are going through a similar situation.
- Parent support is also vital, it shows the community ,and the “people holding the purse strings”, that you are committed to making things better for your child and your family.
- Parent donations are a way to feel good,knowing that you are helping to make a change in you life and the lives of other families. A donation says, “I care, I believe, I make a difference to my family and other families! “
- Community Support!!

Project Accomplishments:

- Community Outreach
- Parent Advocate
- Legislative Support
 - Funding
 - Volunteer Recruitment
- Support Group

Contact information:
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Current Services offered :

- Online Support Group
- Support Hot Line
 - Mom2Mom Meetings
 - Lending Library
- Community Resources
- Certified MANDT Trainer
- Respite Training Workshops

Our goal? To help keep children in a healthy, nurturing, and intact family unit.