

AABA NEWSLETTER

November/December 2016



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Be prepared for the Holidays. Happy children make happy holidays.



“Surviving the Holidays”

Instructor: Kelly Eggleston, MS, LPC

Date: November 16, 2016 (Wed)

Time: 9am to 1pm

Cost: \$50 (Special: bring one friend at no additional cost)

Held at: LINKS- 3161 E. Palmer-Wasilla Hwy #2, Wasilla, AK 99654

What you will learn:

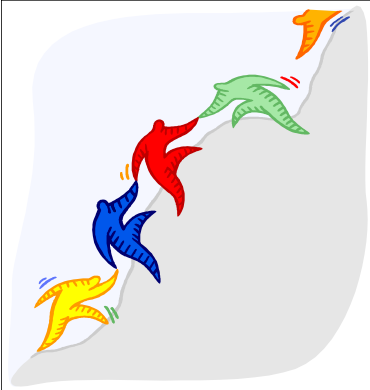
1. Ground rules
2. Examples
3. Be creative
4. Playing fair

Register online at: www.akattachment.org
or call 907-376-0366

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children. And those who have Trauma and Stressor Related Disorders.



Alaska Attachment & Bonding Associates depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations and Sponsorships



Lend a helping hand

Alaska Attachment & Bonding Associates

Please like us on
FaceBook



AABA is eligible to receive charitable contributions for the 2017 Pick Click Give Program. Designated by PFD applicants electronic Permanent fund Dividend applications.

Donations can be made to AABA online.

Go to:
www.akattachment.org

Thank you!!!

EIN: 31-1626679

2015 (December) and 2016

Diamond Circle: (\$10,000 to \$24,000)

Rudy Circle: (\$2,5000 to \$5,999)

Emerald Circle: (1,000 to \$2,499)

Jim Wardman
Kelly Eggleston

Platinum Circle: (\$500 to \$999)

Diversified Tires, LLC
Gottstein Family Foundation
Eleanor F. Oakley

Gold Circle: (\$150 to \$499)

Teri & Tom Namtvedt
Jack & Janet Faiks
No recognition wanted
Palmer Elks Lodge #1842
Denali Credit Union
Fred Meyers

Silver Circle: (\$50 to \$149)

Gorilla Fireworks
Bill & Phyllis Cronk
In honor of Mark Lorkowski
No recognition wanted

Bronze Circle: (\$25 to \$49)

Naomi & James Paris

Aluminum Circle: (\$1 to \$24)

In-kind Circle:

Laura Wagner-2 boxes of file folders; postage to mail out a grant, stamps, candy for the office, 10 rolls paper towels; 16 rolls toilet paper; 2 room spray; 3 tissue.

Crystal Loncle- 9 books; When love is not enough DVD set.

Volunteers

Brittany Blawn
Kelissa Arkers

Special Thanks to:

To all the Board Members and volunteers.

Bingo Mania for using our Gaming permit



Workshops

Workshops provide the caregivers and professionals who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder, with information that will benefit the children and aid the caregiver in helping their children succeed.

Workshops are a fun way to learn!



Resources and Links

TATTAC: Bernadine Janzen, MS, LPC; Tattacbsj@gmail.com

Attachment & Trauma Network for parents: www.radzebra.org,

Alaska Center for Resource Families: www.acrf.org

Alaska Children's Trust: www.alaskachildrenstrust.org

Families & Professionals Resources for the first three years of life:
www.zerotothree.org

American Family Advocacy Center: www.profane-justice.org

Grandfamilies Network Project: www.voak.org, 1-888-522-9866

PARENT SUPPORT GROUP: Mom2Mom/Dad2Dad907-376-0366

Court Appointed Special Advocates: www.alaskacasa.org

Attachment Disorder support group: www.adsg.org

Http://thursdaygroup.blogspot.com

Co-occurring Disorders Institute: (CoDI) www.codi-ak.org

CCS Early Learning: www.ccsalaska.org

RAD Kid organization: www.radkid.org

Nancy Thomas: www.attachment.org

AABA Board

President– Eleanor F. Oakley, MS

Vice President– Richard Howes III

Secretary/Treasurer– Carol Rice

Director– Jim Wardman

Director-Karen Howes

Director-Naomi Tigner

CEO

Kelly Eggleston, MS, LPC

Administrative Assistant

Laura Wagner

Parental tools: ON SALE NOW!!!!

DVD set and book: **Trauma, Attachment & Dissociation, New Interventions & Strategies workshop**

Cost \$150 plus shipping and handling

Can be ordered online at www.akattachment.org
(can be found under announcements) or

Call Laura at 907-376-0366

We are eligible for the Pick Click Give for the year 2017



Are you an Amazon Shopper? Alaska Attachment & Bonding Associates is now a part of Amazon Smile



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same Amazon Prime benefits.
- Support your charitable organization by starting your shopping at smile.amazon.com.

Be sure to choose Alaska Attachment & Bonding Associates as your charity when shopping Amazon Smile!



YOU CAN HELP (NON-PROFIT) EARN DONATIONS

JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to (non-profit) at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (#93433).

Then, every time you shop and use your Rewards Card, you are helping (non-profit) earn a donation!

You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.

If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

For more information, please visit www.fredmeyer.com/communityrewards

Happy Holidays!

Article from: Kelly Eggleston, MS, LPC

With the holidays upon us there is a great opportunity for parents, caregivers, and providers to learn skills to help kids with attachment disorders cope with holidays. Not only will you get some ideas of activities and suggestions, but you will have a chance to learn from the best experts, each other. We are still offering the pay for one bring a friend for free, any one interested

Workshops and Classes

Alaska Attachment & Bonding Associates

“Surviving the Holidays”

Instructor: Kelly Eggleston, MS, LPC

You will learn about:

- A particularly stressful time for parents and children
- Building your tool kit
- Ways to increase fun and decrease conflict

Date: November 16, 2016 (Wednesday) **Time:** 9:00am to 1:00pm **Cost:** \$50

Held at: LINKS-3161 E. Palmer-Wasilla HWY #2, Wasilla AK 99654

To register: Call Laura at **907-376-0366**-laura@akattachment.org, **Online:**
www.akattachment.org

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children. And those who have Trauma and Stressor Related Disorders.

Registration and payment in full is required: Online registration **www.akattachment.org**, or download form and mail to: AABA, PO Box 872188, Wasilla, AK 99687. Or call 907-376-0366 and register over the phone. PayPal is available online at www.akattachment.org. For more information email: laura@akattachment.org. Phone: 907-376-0366. Fax: 907-376-0966. Web-site: www.akattachment.org.

Mat-Su Area: ACRF training November-Dec 2016

Earn Foster Parent Training for attending Community/Cultural Events:

You must submit the Alternative Training form for community/cultural events found on our website www.acrf.org.

Statewide ACRF Rural Teleconferences

Nov 9th Wed 12-1 **Knowing Who You Are**, Rachel Hanft & Linda Fiechtl, NRO ICWA Specialist

Nov 15th Tues 7-8 PM **5 Questions Youth in Foster Care Must Answer before Adoption**, Brenda Ursel, ACRF Adoption Specialist

Dec 6th Tues 7-8 PM, **Adoption and the Holidays**, Ruth Post, ACRF Adoption Specialist

Dec 14th Wed 12-1, **Applying the Reasonable & Prudent Parent Standards**, Aileen McInnis & Barbara Cosolito, OCS

The monthly Rural Teleconference is designed for anyone living outside of Anchorage, although anyone can participate. Families may participate by dialing 1-800-944-8766 and when asked enter the code: 26867#. If you phone in before the group leader you will hear music, please stay on the line. For more information contact bwoodin@nwresource.org or call our toll-free number 1-800-478-7307.

Visit our website www.acrf.org for online classes, audio classes, the schedule for onsite classes and statewide rural teleconferences. Every issue of the newsletter Training Tracks has a 1 hour training article. Find the Alternative training forms for non-ACRF classes, webinars, books, DVD's and cultural or community events. Call the Wasilla ACRF office 376-4678 for assistance or email bwoodin@nwresource.org.

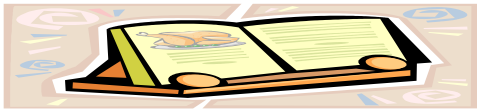
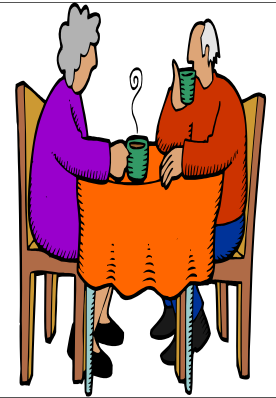


RAVEN'S: Mom2Mom/Dad2Dad parent support group

A fun support group for moms and dads parenting behaviorally challenged children.

Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30 am until noon at the AABA office, 619 S. Knik Goose-Bay Road, Ste J, Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail laura@akattachment.org or 907-376-0366.



“Recipes Needed”

AABA is creating a recipe book as a fundraiser project. Please join in the fun and send in your favorite recipes: your name, and your agency’s name will appear on your recipe. Send to: laura@akattachment.org.

A WORD FROM Our CEO

November begins the holiday season. It seems that time passes so quickly and hectic thickly last two months of the year. At this time lets all remember the importance of family and how much they mean to us. For children and adults with Attachment Disorder, family is everything. Let's keep it simple and focus on the true meaning of holidays. Sometimes sandwiches and ice cream can mean more than a five course Turkey dinner. It's a chance to get together and appreciate what we have.



Thank you

Kelly Eggleston, MS, LPC, CEO

RAVEN LENDING LIBRARY:

Located at: 619 S. Knik Goose-Bay Road, Ste J, Wasilla AK 99654.

Opened: 9:00 am to 4:00 pm. Monday thru Friday.

Books are listed on the AABA web-site: www.akattachment.org



Please come in and browse our books and DVD’s on Attachment Disorder and other related disorders. Check some books or DVDs out for reading and/or viewing at home. If you cannot get to the RAVEN lending library, call and request the books you would like to read, and we will mail them to you.

RAVEN lending library is made possible in part by:

- The Alaska Mental Health Trust Authority
- Mat-Su Health Foundation



Alaska Attachment & Bonding Associates

Phone:: 907-376-0366
Fax: 907-376-0966

City Center Business Park
619 S. Knik Goose-Bay Road Ste



Helping families stay together

Web Site:
www.akattachment.org

About Alaska Attachment & Bonding Associates

AABA is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder and professionals who work with this population of children.

- AABA's area of Focus:** **PREVENTION** of abuse/neglect
- PLACEMENT** information
- EDUCATION** in Attachment
- COMMUNITY** resource information

WHAT drives AABA?

AABA is passionate about traumatized children.

AABA has first hand experience with Attachment Disorder children and knows the Special care and treatment needed to help these children learn, love and trust.

Left untreated, children with Attachment Disorder and other emotional disorders are often times shipped to out-of-state Residential Treatment Centers (RTC's), are likely to become emotionally disturbed adults, unemployable, and are likely to be involved in drugs, alcohol or other illegal activities.

WHY should you care?

Because this is a preventable and/or treatable disorder and will take the community working together!

"BECAUSE THIS IS YOUR HOME" !

Bingo Mania



Bingo Mania helps non-profit programs in the valley. The non-profits would like to thank Bingo Mania for all the needed support. Bingo Mania is a safe and fun place for adults to get out and meet other adults. Bingo Mania has a Deli for all those hungry Bingo people to satisfy their hunger pangs.

Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK**. On the frontage road by Alaska Sales & Service.

Phone 907-376-4816. non-smoking

Closed: Monday; Tuesday; .

Opened: Wednesday: One session, starts @ 6:30 pm

Thursday: One session, starts @ 6:30 pm

Friday: Two sessions, starts @ 6:30 pm & 10:30pm

Saturday: Two sessions, starts @ 6:30 pm & 10:30 pm

Sunday: One session, starts @ 6:30 pm

