

AABA NEWSLETTER

Alaska Attachment & Bonding
Associates

March/April 2015



Inside this issue:

“Trauma & Stressor Related Disorder” Attachment Disorder 101 Workshop

Instructor: Kelly Eggleston, MS, LPC

What is Normal—

DSM-V Trauma & Stressor Related Disorder

You will learn about:

- Behaviors
- Affects on Families & Others
- Types of Attachment
- “Earned Secure” Attachment

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children.

Date: April 20, 2015

Time: 9am to 1pm

Cost: \$50

Held at: LINKS— 3161 E. Palmer-Wasilla Hwy #@, Wasilla, AK 99654

To register: Call Laura at 907-376-0366-laura@akattachment.org

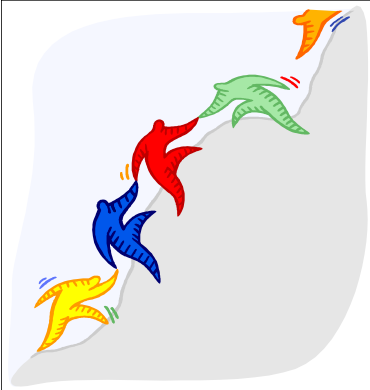
Online: www.akattachment.org

Class is limited to 20 people

Thank you for your donations	2
FaceBook	2
Resources & Links	3
Fred Meyers, Pick Click Give, Amazon Smiles	4
Activity's	5
Workshop & Classes	6
A word from our CEO	7
AABA info	8



Alaska Attachment & Bonding Associates depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations and Sponsorships



Lend a helping hand

Alaska Attachment & Bonding Associates

Please like us on
FaceBook



AABA is eligible to receive charitable contributions for 2015
Pick Click Give Program. Designated by PFD applicants electronic Permanent fund Dividend applications.

Donations can be made to AABA online.

Go to: www.akattachment.org

Thank you!!!

EIN: 31-1626679

2015

Diamond Circle: (\$10,000 to \$24,000)

Rudy Circle: (\$2,5000 to \$5,999)

Emerald Circle: (1,000 to \$2,499)

MSHFdiscretionary grant-Teri Namtvedt

Platinum Circle: (\$500 to \$999)

American Seafood

Gold Circle: (\$150 to \$499)

Diversified Tire

Anonymous

James & Janet Faiks

Karen & Richard Howes

Silver Circle: (\$50 to \$149)

Gorilla Fireworks

Bill & Phyllis Cronk

No recognition wanted

Fred Meyers

United Way-Designation payment

Bronze Circle: (\$25 to \$49)

In honor of Jacky Coombs

Naomi Paris

Isabel Stitinicky

Aluminum Circle: (\$1 to \$24)

In-kind Circle:

L & B Printing-Business cards

Laura Wagner-Trash bags

Volunteers

Special Thanks to:

To all the Board Members and volunteers.

Bingo Mania for using our Gaming permit



Workshops

Workshops provide the caregivers and professionals who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder, with information that will benefit the children and aid the caregiver in helping their children succeed.

Workshops are a fun way to learn!



Resources and Links

TATTAC: Bernadine Janzen, MS, LPC; Tattacbsj@gmail.com
Attachment & Trauma Network for parents: www.radzebra.org,
Alaska Center for Resource Families: www.acrf.org
Alaska Children's Trust: www.alaskachildrenstrust.org
Families & Professionals Resources for the first three years of life:
www.zerotothree.org
American Family Advocacy Center: www.profane-justice.org
Grandfamilies Network Project: www.voaaak.org, 1-888-522-9866
PARENT SUPPORT GROUP: Mom2Mom/Dad2Dad907-376-0366
Court Appointed Special Advocates: www.alaskacasa.org
Attachment Disorder support group: www.adsg.org
[Http://thursdaygroup.blogspot.com](http://thursdaygroup.blogspot.com)
Co-occurring Disorders Institute: (CoDI) www.codi-ak.org
CCS Early Learning: www.ccsalaska.org
RAD Kid organization: www.radkid.org
Bricks 4 Kidz: www.bricks4kidz.com
Nancy Thomas: www.attachment.org

AABA Board

President– Eleanor F. Oakley
Vice President– Richard Howes III
Secretary/Treasurer– Carol Rice
Director– Kaye Zwiacher
Director– Jim Wardman
Director-Karen Howes
Director-Naomi Tigner

New CEO

Kelly Eggleston, MS, LPC

Administrative Assistant

Laura Wagner

MEA Charitable Foundation has granted AABA the funds to purchase equipment to produce parenting tools for parents and professionals to use that take care of children who have Trauma and Stressor Related Disorders, such as Attachment Disorder

This money is made possible from the MEA round up program. Thank you!!!!



Are you an Amazon Shopper? Alaska Attachment & Bonding Associates is now a part of Amazon Smile



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same Amazon Prime benefits.
- Support your charitable organization by starting your shopping at smile.amazon.com.

Be sure to choose Alaska Attachment & Bonding Associates as your charity when shopping Amazon Smile!



YOU CAN HELP (NON-PROFIT) EARN DONATIONS

JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to (non-profit) at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (#93433).

Then, every time you shop and use your Rewards Card, you are helping (non-profit) earn a donation!

You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.

If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

For more information, please visit www.fredmeyer.com/communityrewards



Activity for Attachment Kids

“Bricks 4 Kidz” (Lego’s fun)



Bricks 4 Kidz is a hands-on class where children learn the fundamentals of S.T.E.M using Lego® bricks.

Visit our website for more information and a detail description of class themes.

www.bricks4kidz.com/alaska-anchorage-Wasilla

Every Sunday from 1:00-6:00 pm is Sunday Family Day.

Open Play-Monday-Thursday-1:00-3:00 pm, \$15 per child

Bring your child in for some quality time and have some fun while playing in our Center.

Please call to insure we are open 376-5400

Please call Bricks 4 Kidz at 376-5400 with any questions or concerns you may have. Thank You!

Bricks 4 Kidz Creativity Center 705 S Knik Goose Bay Rd Suite L, Wasilla AK 99654

Activity for Adults

~Play bingo~

Bingo Mania helps non-profits in the Valley. (Alaska Attachment & Bonding Associates and Wasilla Senior Center). Without help from businesses like Bingo Mania, non-profits would have a harder time getting funds to support the many programs that non-profits provide to the community.

Come play bingo and meet other people in your community while having fun.

Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK.**

On the frontage road by Alaska Sales & Service. **Phone 907-376-4816.**

Closed: Monday; Tuesday; Wednesday.

Opened: **Thursday:** One session, starts @ 6:30 pm

Friday: Two sessions, starts @ 6:30 pm & 10:30pm-Starting March 7th, late session will have a guaranteed \$1000 for the Double Diamond.

Saturday: Two sessions, starts @ 6:30 pm & 10:30 pm

Sunday: One session, starts @ 6:30 pm

Workshops and Classes

Alaska Attachment & Bonding Associates

AABA is preparing two large workshops and four mini workshops for the 2015 season.

AABA will keep you up-dated on the progress of these workshops.

Topics for the mini workshops:

1. Attachment Styles
2. Trauma & Stressor Related Disorders: Attachment Disorder 101 (April 20, 2015)
3. Trauma and the Brain
4. FASD and Attachment Disorders

Possible Two day workshop: October 17 & 18, 2015—With Richard Delaney PhD and author of : Fostering Changes; Troubled Transplants; Healing Power of the Family; Raising Cain; Parent 2 Parent; Individual Optimum Permanency Worksheet; Small feats; Safe Passage; Permutations of Permanency, and co –author of Behavior with a Purpose; A 3-D View of Foster, Kinship, and Adopted Children plus others. Mr. Delaney is an expert in the field of attachment and child development.

Alaska Center for Resource Families-Mat-Su Area

Mat-Su Area winter-spring 2015

Core Training for Relative Caregivers: April 9, 16, & 23 6:00-9:00 (9 hrs)

Core Training for Resource Families: June 18 6:00-9:00& June 20 9:00-5:00 (11 hrs)

Adopting Through OCS: June 25 6:00-9:00 (held at OCS)

Building Families Through Adoption: Mar 5 6:00-9:00 & Mar 7 9:00-4:00 (10 hrs)

ACRF Onsite classes:

Understanding ICWA: Mar 3 10:00-12:00

ACES overview: Apr 7 10:00-12:00

Trauma 101: May 5 10:00-12:00

ACES and Resiliency: June 5 9:00-3:00 (location TBD)

Unless otherwise noted classes are held at ACRF on PW Hwy in Brentwood Plaza Ste A2. Drive behind the PO. ACRF is located in the back of the building.

Rural Teleconferences

March 3rd Tues 7-8 Adoption Home Studies, Ruth Post

March 11th Wed 12-1 OCS forum: Topic TBA OCS Licensing Staff

April 15th Wed 12-1 Internet Safety for Youth Olivia Shears

April 21st Tues 7-8 Preparing Children for Transition: 3-5-7 Model John Bennett

May 13th Wed 12-1 Transitional Aged Youth & Permanency Olivia Shears

May 19th Tues 7-8 Introduction to Special Education Law John Bennett

June 9th Tues 7-8 Characteristics of a Successful Adoptive Family Ruth Post

June 10th Wed-12-1 OCS forum: Topic TBA OCS Licensing Staff

The monthly Rural Teleconference is designed for anyone living outside of Anchorage or Fairbanks, although anyone can participate. Families may participate by dialing 1-866-554-6142 and when asked enter the code: 2169378807#. If you phone in before the group leader you will hear music, please stay on the line. For more information contact bwoodin@nwresource.org or call our toll-free number 1-800-478-7307



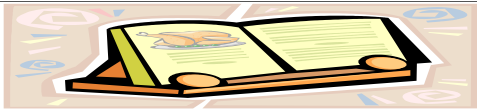
RAVEN'S: Mom2Mom/Dad2Dad parent support group

A fun support group for moms and dads parenting behaviorally challenged children.



Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30 am until noon at the AABA office, 619 S. Knik Goose-Bay Road, Ste J, Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail laura@akattachment.org or 907-376-0366.



"Recipes Needed"

AABA is creating a recipe book as a fundraiser project. Please join in the fun and send in your favorite recipes: your name, and your agency's name will appear on your recipe. Send to: laura@akattachment.org.

A WORD FROM Our CEO

AABA continues to be excited about the upcoming year of events: we will have four mini workshops , a one day workshop and a two day workshop with Richard Delaney (if all goes well). I am looking forward to meeting all of you who attend any of these trainings . We continue to work hard to maintain services that have been provided over the years and increasing them when we can.



Your support is always appreciated

Thank you

Kelly Eggleston, MS, LPC, CEO

RAVEN LENDING LIBRARY:

Located at: 619 S. Knik Goose-Bay Road, Ste J, Wasilla AK 99654.

Opened: 9:00 am to 4:00 pm. Monday thru Friday.

Books are listed on the AABA web-site: www.akattachment.org

Please come in and browse our books and DVD's on Attachment Disorder and other related disorders. Check some books or DVDs out for reading and/or viewing at home. you cannot get to the RAVEN lending library, call and request the books you would like to read, and we will mail them to you.



RAVEN lending library is made possible in part by:

- The Alaska Mental Health Trust Authority
- Mat-Su Health Foundation



Alaska Attachment & Bonding Associates

Phone:: 907-376-0366
Fax: 907-376-0966

City Center Business Park
619 S. Knik Goose-Bay Road Ste J



Helping families stay together

Web Site:
www.akattachment.org

About Alaska Attachment & Bonding Associates

AABA is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder and professionals who work with this population of children.

- AABA's area of Focus:**
- PREVENTION** of abuse/neglect
 - PLACEMENT** information
 - EDUCATION** in Attachment
 - COMMUNITY** resource information

WHAT drives AABA?

AABA is passionate about traumatized children.

AABA has first hand experience with Attachment Disorder children and knows the Special care and treatment needed to help these children learn, love and trust.

Left untreated, children with Attachment Disorder and other emotional disorders are often times shipped to out-of-state Residential Treatment Centers (RTC's), are likely to become emotionally disturbed adults, unemployable, and are likely to be involved in drugs, alcohol or other illegal activities.

WHY should you care?

Because this is a preventable and/or treatable disorder and will take the community working together!

"BECAUSE THIS IS YOUR HOME" !

Bingo Mania



Bingo Mania helps non-profit programs in the valley. And the non-profits would like to thank Bingo Mania for all the needed help. Bingo Mania is a safe and fun place for adults to get out and meet other adults. Bingo Mania has a Deli for all those hungry Bingo people to satisfy their hunger pangs. Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK**. On the frontage road by Alaska Sales & Service. **Phone 907-376-4816**.

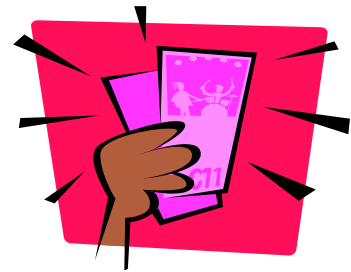
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Pull Tabs Mania

Mile 49 Parks Hwy

Meadow Lakes

Hours: 12:00 am to 8:00 pm

Opened: Seven Days a Week

Located near the Cadillac Café

Also provides Bingo for your enjoyment.