

AABA NEWSLETTER

Alaska Attachment & Bonding
Associates

July/August 2017

Happy July 4th

“Trauma and the brain” Workshop



Back to School



Inside this issue:

Thank you for your donations	2
FaceBook	2
Resources & Links	3
Fred Meyers, Pick Click Give, Amazon Smiles	4
Activity's	5
Workshop & Classes	6
A word from our CEO	7
AABA info	8

Instructor: Kelly Eggleston, MS, LPC

You will learn about:

- Effects of Trauma
- Rewiring

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children.

Date: August 23, 2017

Time: 9am to 1pm

Cost: \$50 bring a friend at no cost

Held at: LINKS– 3161 E. Palmer-Wasilla Hwy #@, Wasilla, AK 99654

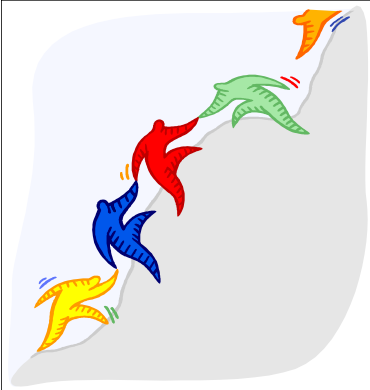
To register: Call Laura at 907-376-0366-laura@akattachment.org

Online: www.akattachment.org

Class is limited to 20 people



Alaska Attachment & Bonding Associates depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations and Sponsorships



Lend a helping hand

Alaska Attachment & Bonding Associates

Please like us on
FaceBook



AABA is eligible to receive charitable contributions for 2017 Pick Click Give Program. Designated by PFD applicants electronic Permanent fund Dividend applications.

Donations can be made to AABA online.

Go to: www.akattachment.org

Thank you!!!

EIN: 31-1626679

2017

Diamond Circle: (\$10,000 to \$24,000)

Rudy Circle: (\$2,5000 to \$5,999)

Emerald Circle: (1,000 to \$2,499)

Jim Wardman

Platinum Circle: (\$500 to \$999)

MSHFdiscretionary grant-Teri Namtvedt
Diversified Tires

Gold Circle: (\$150 to \$499)

Karen & Richard Howes
Elks Lodge #1842
Anonyonous
Teri & Tom Namtvedt

Silver Circle: (\$50 to \$149)

Fred Meyers (Kroger)

Bronze Circle: (\$25 to \$49)

Karen & Richard Howes

Aluminum Circle: (\$1 to \$24)

In-kind Circle:

Carol Draveling-file folders, hanging files with name tags, index cards, refrigerator

Laura Wagner-Trash bags

Jim Wardman-Large bag of Candy for the office.

Volunteers

Brittany Blawn

Special Thanks to:

To all the Board Members and volunteers.

Winners Pull Tabs

Workshops

Workshops provide the caregivers and professionals who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder, with information that will benefit the children and aid the caregiver in helping their children succeed.

Workshops are a fun way to learn!



Resources and Links

TATTAC: Bernadine Janzen, MS, LPC; Tattacsbj@gmail.com

Attachment & Trauma Network for parents: www.radzebra.org,

Alaska Center for Resource Families: www.acrf.org

Alaska Children's Trust: www.alaskachildrenstrust.org

Families & Professionals Resources for the first three years of life:
www.zerotothree.org

American Family Advocacy Center: www.profane-justice.org

Grandfamilies Network Project: www.voaaak.org, 1-888-522-9866

PARENT SUPPORT GROUP: Mom2Mom/Dad2Dad907-376-0366

Court Appointed Special Advocates: www.alaskacasa.org

Attachment Disorder support group: www.adsg.org

[Http://thursdaygroup.blogspot.com](http://thursdaygroup.blogspot.com)

Co-occurring Disorders Institute: (CoDI) www.codi-ak.org

CCS Early Learning: www.ccsalaska.org

RAD Kid organization: www.radkid.org

Nancy Thomas: www.attachment.org

AABA Board

President– Eleanor F. Oakley
Vice President– Richard Howes III
Secretary/Treasurer– Carol Rice
Director– Jim Wardman
Director-Karen Howes
Director-Naomi Tigner

New CEO

Kelly Eggleston, MS, LPC

Administrative Assistant

Laura Wagner

Parental tools:

DVD set and book: **Trauma, Attachment & Dissociation, New Interventions & Strategies workshop**

Cost \$150 plus shipping and handling

Can be ordered online at www.akattachment.org
(can be found under announcements) or

Call Laura at 907-376-0366



Are you an Amazon Shopper? Alaska Attachment & Bonding Associates is now a part of Amazon Smile



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same Amazon Prime benefits.
- Support your charitable organization by starting your shopping at smile.amazon.com.

Be sure to choose Alaska Attachment & Bonding Associates as your charity when shopping Amazon Smile!



YOU CAN HELP (NON-PROFIT) EARN DONATIONS

JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

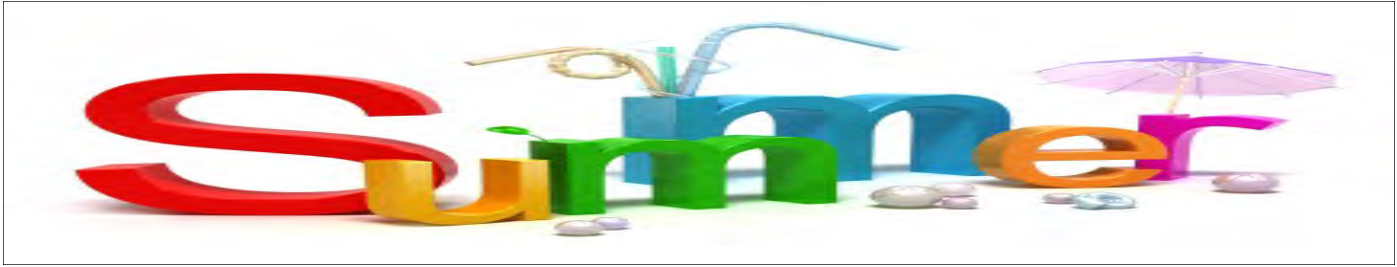
Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to (non-profit) at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (#93433).

Then, every time you shop and use your Rewards Card, you are helping (non-profit) earn a donation!

You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.

If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

For more information, please visit www.fredmeyer.com/communityrewards



Article from: Kelly Eggleston, MS, LPC

I was recently reviewing information from the National Foster Parent Coalition for Allegation Reform and came across an article by John F. Alston entitled CORRELATION BETWEEN BIPOLAR DISORDER AND REACTIVE ATTACHMENT DISORDER. [HTTP://nfpcar.org/Medical/BRAD.htm](http://nfpcar.org/Medical/BRAD.htm)

The following items were pointed out in this article.

He indicated there is as miscorrelation between Attention Deficit and Reactive Attachment Disorder. And the more common correlation may be between Bipolar and Reactive Attentive Disorder. Dr. Alston identified four diagnoses of parents who are capable of abusing or neglecting their children. Two include alcohol and substance abuse and the other two are Antisocial Personality Disorder and Disorders of Cognitive Perception, primarily Borderline Personality Disorder. Most often this occurs with a dual diagnosis of both a Personality Disorder and Co-occurring substance use disorders.

In the case of Bipolar Disorder among the parents- during manias it is easy to neglect your duties as a parent. We also know there is a genetic factor for Bipolar Disorder. Children with Bipolar Disorder are much more intense, can accomplish a lot in a short period of time, sometimes obsess on detail and have a tendency to be much more destructive. While stimulant medications may help with ADD, they may make irritability and moodiness worse for children with Bipolar Disorder.

This article again demonstrates how little we really know about Attachment Disorder and what causes it. Is it affected by the mental health of the parents as well as genetic factors involved, including substance abuse and stability of the home. As has been stated numerous times, there is no “cookie cutter” approach to the treatment of children with Attachment Disorders.

Alaska Attachment & Bonding Associates offers many workshops to provide just such information, creating a support network for parents who have children who are experiencing Attachment issues or Trauma issues. The training provides both hands on experience and feedback from parents who have experienced the same type of issues that you are experiencing.

Kelly Eggleston, MS, LPC

CEO of Alaska Attachment & Bonding Associates

2017 Workshops

August 23-Trauma and the brain

September 13-Bondng with kids with attachment disorder

November 15-Handling the holiday rush

Workshops and Classes

“Trauma and the brain”

Instructor: Kelly Eggleston, MS, LPC

You will learn about:

- Effects of Trauma
- Rewiring

Date: August 23, 2017 (Thursday) **Time:** 9:00am to 1:00pm **Cost:** \$50

Held at: LINKS-3161 E. Palmer-Wasilla HWY #2, Wasilla AK 99654

To register: Call Laura at **907-376-0366**-laura@akattachment.org, **Online:** www.akattachment.org

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children. And those who have Trauma and Stressor Related Disorders.

Registration and payment in full is required: Online registration www.akattachment.org, or download form and mail to: AABA, PO Box 872188, Wasilla, AK 99687. Or call 907-376-0366 and register over the phone. PayPal is available online at www.akattachment.org. For more information email: laura@akattachment.org. Phone: 907-376-0366. Fax: 907-376-0966. Web-site: www.akattachment.org

Alaska Center for Resource Families-Mat-Su Area **Rural Teleconference July-September 2017**

Wednesday, July 12 noon-1 **Supervised Visitation**, Sonya Hull AFS, FSPP Supervisor, Betsy Woodin, ACRF

Tuesday, July 18 7-8 PM **Setting Up Foster and Adoptive Family Networks Around Alaska**, Sabrina Owsley, Gabi Flaten, Ginny Jackson, Amy Westfall and Amanda Nelson

Tuesday, Aug 15, 7-8 PM **The Alaska Resource Family Bill of Rights**, Members of the Resource Family Advisory Board

Wednesday, Aug 23, noon-1 - **Psychotropic Medication**, John Luchansky, OCS Northern Region Psych Nurse and Diana Grieser, OCS Southeast/Western Region Psych Nurse

Tuesday, Sept 19, 7-8 PM **Navigating Social Media for Parents**, Kimberly Mouriquand, ACRF

Wednesday, Sept 27 Noon-1 **Foster Families and Court Information: What Can Be Shared? What Can You Know?** Bob Polley, Court Improvement Project

The monthly Rural Teleconference is designed for anyone living outside of Anchorage, although anyone can participate. Families may participate by dialing 1-800-944-8766 and when asked enter the code: 26867#. If you phone in before the group leader you will hear music, please stay on the line. **Please call in 5 minutes early to give us your contact information so we can record your attendance, or stay on the line and speak to the facilitator after the teleconference ends.** For more information contact bwoodin@nwresource.org or call our toll-free number 1-800-478-7307.

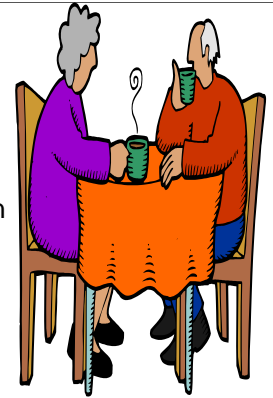


RAVEN'S: Mom2Mom/Dad2Dad parent support group

A fun support group for moms and dads parenting behaviorally challenged children.

Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30 am until noon at the AABA office, 619 S. Knik Goose-Bay Road, Ste J, Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail laura@akattachment.org or 907-376-0366.



A WORD FROM Our CEO

I hope everyone is enjoying their summer and the sunshine. We are exploring some alternatives for our training workshops and would enjoy any input that you would have regarding this matter. Our goal is to meet the needs of the Community. As always we are grateful for your support and continued dedication.

Thank you

Kelly Eggleston, MS, LPC, CEO



RAVEN LENDING LIBRARY:

Located at: 619 S. Knik Goose-Bay Road, Ste J, Wasilla AK 99654.

Opened: 9:00 am to 4:00 pm. Monday thru Friday.

Books are listed on the AABA web-site: www.akattachment.org

Please come in and browse our books and DVD's on Attachment Disorder and other related disorders. Check some books or DVDs out for reading and/or viewing at home. If you cannot get to the RAVEN lending library, call and request the books you would like to read, and we will mail them to you.

RAVEN lending library is made possible in part by:

- The Alaska Mental Health Trust Authority



- Mat-Su Health Foundation



Alaska Attachment & Bonding Associates

Phone:: 907-376-0366
Fax: 907-376-0966

City Center Business Park
619 S. Knik Goose-Bay Road Ste J



Helping families stay together

Web Site:
www.akattachment.org

About Alaska Attachment & Bonding Associates

AABA is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder and professionals who work with this population of children.

AABA's area of Focus: **PREVENTION** of abuse/neglect
PLACEMENT information
EDUCATION in Attachment
COMMUNITY resource information

WHAT drives AABA?

AABA is passionate about traumatized children.
AABA has first hand experience with Attachment Disorder children and knows the Special care and treatment needed to help these children learn, love and trust. Left untreated, children with Attachment Disorder and other emotional disorders are often times shipped to out-of-state Residential Treatment Centers (RTC's), are likely to become emotionally disturbed adults, unemployable, and are likely to be involved in drugs, alcohol or other illegal activities.

WHY should you care?

Because this is a preventable and/or treatable disorder and will take the community working together!

"BECAUSE THIS IS YOUR HOME" !

**WINNERS
PULL TABS**

HOURS
SUN & MON 12:00-9:00pm
TUES- SAT 9:00-9:00pm

991 Hermon Road
Wasilla, Alaska
Off The Frontage Road To LOWES



Like us on Facebook

Winners Pull Tabs Alaska