

AABA NEWSLETTER

Alaska Attachment & Bonding
Associates

July/August 2015



Inside this issue:

AABA Workshops

You can now Pre-register and pre-pay for all
the 2015 workshops online at
www.akattachment.org

(August workshop is changed to August 10th, so it won't interfere with the starting of school)

Mini Workshops

1. Trauma and the Brain-**August 10, 2015**
2. Activating your Mind-**November 16, 2015**
3. Play for Children with Attachment Disorder-**December 14, 2015**

Instructor: Kelly Eggleston, MS, LPC

Time: 9am to 1pm

Cost: \$50

Held at: LINKS– 3161 E. Palmer-Wasilla Hwy #2, Wasilla, AK 99654

Class is limited to 20 people

One Day Workshop

Managing Unmanageable Behaviors while Advocating for your Children

Instructor: Kimber Olson, LCSW, BCD, A-CYFSW

Date: **September 19, 2015** Time: 8:30am to 5:30pm CEU'S: Yes 7.5

Cost: \$150

Held at: Mat-Su Borough Public Safety Building Facilities 61–(training rm #2) 101 W. Swanson Ave, Wasilla, AK 99654

Class is limited to 55 people

Two Day Workshop

Instructor: Richard Delaney PhD

Expert in the field of Attachment and child development.

Date: **October 17 & 18, 2015** Times: 9:00am to 5:00pm

Cost: \$250

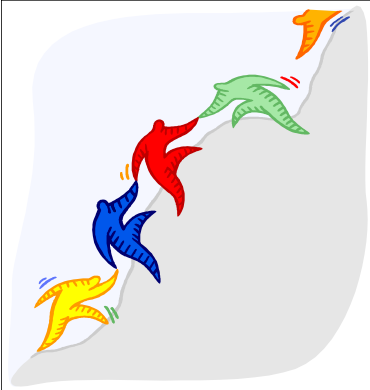
(If you are interested incoming to this workshop, please pre-register and pay the \$25 to save your place. **If there is not enough interest or registrations, this workshop will be cancelled and your \$25 will be returned.**)

Workshops answer the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children.

Thank you for your donations	2
FaceBook	2
Resources & Links	3
Fred Meyers, Pick Click Give, Amazon Smiles	4
Activity's	5
Workshop & Classes	6
A word from our CEO	7
AABA info	8



Alaska Attachment & Bonding Associates depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations and Sponsorships



Lend a helping hand

Alaska Attachment & Bonding Associates

Please like us on
FaceBook



AABA is eligible to receive charitable contributions for 2015 & 2016 Pick Click Give Program. Designated by PFD applicants electronic Permanent fund Dividend applications.

Donations can be made to AABA online.

Go to: www.akattachment.org

Thank you!!!

EIN: 31-1626679

2015

Diamond Circle: (\$10,000 to \$24,000)

Rudy Circle: (\$2,5000 to \$5,999)

Emerald Circle: (1,000 to \$2,499)

MSHFdiscretionary grant-Teri Namtvedt

Jim Wardman

Kelly Eggleston

Platinum Circle: (\$500 to \$999)

American Seafood

Gold Circle: (\$150 to \$499)

Anonymous

Karen & Richard Howes

Fred Meyers

United Way designation payments

Elks Lodge #1842

Silver Circle: (\$50 to \$149)

Gorilla Fireworks

No recognition wanted

Bronze Circle: (\$25 to \$49)

In honor of Jacky Coombs

Aluminum Circle: (\$1 to \$24)

In-kind Circle:

L & B Printing-Business cards

Laura Wagner-Trash bags-rolls of Stamps-postage to mail sponsorship letters and grants-toilet paper, tissues-paper bowls, plates, napkins. Roll of stamps.

Carol Rice-postage to mail bingo report

Kelly Eggleston-toilet paper and paper towels

Sponsors

Panda Bear-\$100 to \$300

Brown Bear-\$400 to \$600

Diversified Tire LLC

Black Bear-\$700 to \$900

Grizzly Bear-\$1000 to \$2000

Polar Bear-\$3000 to \$5000

Volunteers

Brittany Blawn

Kelissa Arkers

Special Thanks to:

To all the Board Members and volunteers.

Bingo Mania for using our Gaming permit



Workshops

Workshops provide the caregivers and professionals who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder, with information that will benefit the children and aid the caregiver in helping their children succeed.

Thank you Diversified Tire LLC for being one of our sponsors !!!!

Workshops are a fun way to learn!



Resources and Links

TATTAC: Bernadine Janzen, MS, LPC; Tattacbsj@gmail.com

Attachment & Trauma Network for parents: www.radzebra.org,

Alaska Center for Resource Families: www.acrf.org

Alaska Children's Trust: www.alaskachildrenstrust.org

Families & Professionals Resources for the first three years of life:
www.zerotothree.org

American Family Advocacy Center: www.profane-justice.org

Grandfamilies Network Project: www.voaaak.org, 1-888-522-9866

PARENT SUPPORT GROUP: Mom2Mom/Dad2Dad907-376-0366

Court Appointed Special Advocates: www.alaskacasa.org

Attachment Disorder support group: www.adsg.org

[Http://thursdaygroup.blogspot.com](http://thursdaygroup.blogspot.com)

Co-occurring Disorders Institute: (CoDI) www.codi-ak.org

CCS Early Learning: www.ccsalaska.org

RAD Kid organization: www.radkid.org

Nancy Thomas: www.attachment.org

AABA Board

President– Eleanor F. Oakley

Vice President– Richard Howes III

Secretary/Treasurer– Carol Rice

Director– Jim Wardman

Director-Karen Howes

Director-Naomi Tigner

CEO

Kelly Eggleston, MS, LPC

Administrative Assistant

Laura Wagner

MEA Charitable Foundation has granted AABA the funds to purchase equipment to produce parenting tools for parents and professionals to use that take care of children who have Trauma and Stressor Related Disorders, such as Attachment Disorder

This money is made possible from the MEA round up program. Thank you!!!!



Are you an Amazon Shopper? Alaska Attachment & Bonding Associates is now a part of Amazon Smile



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same Amazon Prime benefits.
- Support your charitable organization by starting your shopping at smile.amazon.com.

Be sure to choose Alaska Attachment & Bonding Associates as your charity when shopping Amazon Smile!



YOU CAN HELP (NON-PROFIT) EARN DONATIONS

JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

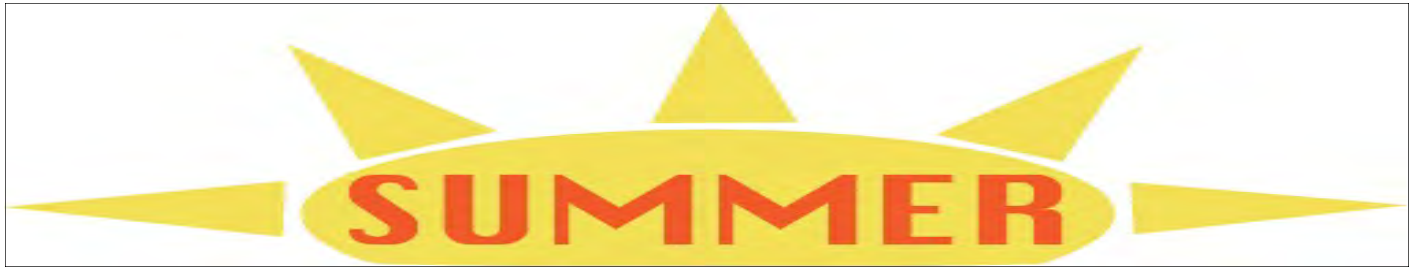
Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to (non-profit) at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (#93433).

Then, every time you shop and use your Rewards Card, you are helping (non-profit) earn a donation!

You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.

If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

For more information, please visit www.fredmeyer.com/communityrewards



Activity for Adults

~Play bingo~

Bingo Mania helps non-profits in the Valley. (Alaska Attachment & Bonding Associates and Wasilla Senior Center). Without help from businesses like Bingo Mania, non-profits would have a harder time getting funds to support the many programs that non-profits provide to the community.

Come play bingo and meet other people in your community while having fun.

Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK.**

On the frontage road by Alaska Sales & Service. **Phone 907-376-4816.**

Closed: Monday; Tuesday; Wednesday.

Opened: **Thursday:** One session, starts @ 6:30 pm

Friday: Two sessions, starts @ 6:30 pm & 10:30pm-Starting March 7th, late session will have a guaranteed \$1000 for the Double Diamond.

Saturday: Two sessions, starts @ 6:30 pm & 10:30 pm

Sunday: One session, starts @ 6:30 pm

(this is a all non-smoking building— smoking is allowed outside in a tent)



Workshops and Classes

Alaska Attachment & Bonding Associates

Trauma and the Brain Workshop

Instructor: Kelly Eggleston, MS, LPC

You will learn about:

- How trauma affects the brain
- What parts of the brain are responsible for what?
- How can we work with these effects?

Date: August 10, 2015 Time: 9am to 1pm Cost: \$50

Held at: LINKS– 3161 E. Palmer-Wasilla Hwy #2, Wasilla, AK 99654

To register: Call Laura at **907-376-0366**-laura@akattachment.org, **Online: www.akattachment.org**

Class is limited to 20 people

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children.

Registration and payment in full is required: Online registration www.akattachment.org, or download form and mail to: AABA, PO Box 872188, Wasilla, AK 99687. Or call 907-376-0366 and register over the phone. PayPal is available online at www.akattachment.org. There is a \$25 non-refundable deposit. For more information email: laura@akattachment.org. Phone: 907-376-0366. Fax: 907-376-0966. Web-site: www.akattachment.org.

Alaska Center for Resource Families-Mat-Su Area

Relative Core Training: Aug 3rd 6th & 10th 6:00-9:00 PM (9 hrs) OR Dec 1st & 3rd 9:00-1:00 (8 hrs)
Core Training for Seasoned Foster Parents: Sept 14th & 18th 9:00-1:00 (8 hrs)
Core Training for Resource Families Part 1: Oct 5th 8th & 12th 6:00-9:00 (9 hrs)
Core Training for Resource Families Part 2: Nov 2nd 5th & 9th 6:00-9:00 (9 hrs)
Building Families through Adoption: Sept 17th 6:00-9:00 & 19th 9:00-5:00 (11 hrs)

Adopting Through OCS: Oct 29th 6:00-9:00 (3 hrs) held at OCS in Wasilla

Contact Wasilla ACRF 376-4678 to sign up for onsite classes as they will be cancelled without notice if no one pre-registers. Unless otherwise noted classes are held at ACRF on PW Hwy in Brentwood Plaza Ste Drive behind the PO. ACRF is located in the back of the building.

Statewide Rural Teleconferences

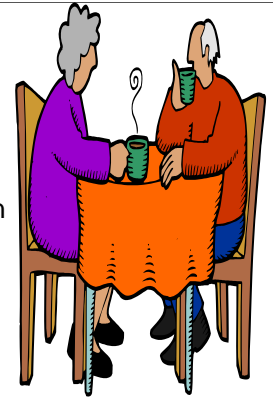
July 21st Tues 7-8 PM- Understanding Birth Parents, Betsy Woodin
July 22nd Wed 12-1-FASD and Early Childhood Interventions, Betsy Woodin
Aug 18th Tues 7-8 PM- Understanding Family Systems, Rachel Hanft
Aug 19th Wed 12-1 What are Sensory Processing Disorders? McKenzie Weimer/PIC
Sept 1st Tues 7-8 PM- FASD and School Aged Children & Youth, John Bennett
Sept 17th Thurs 12-1- Sensory Processing Disorders and FASD, Donna Kelly & Amy Dumann (PIC)

The monthly Rural Teleconference is designed for anyone living outside of Anchorage or Fairbanks, although anyone can participate. Families may participate by dialing 1-800-944-8766 and when asked enter the code: 26867#. If you phone in before the group leader you will hear music, please stay on the line. For more information contact bwoodin@nwresource.org or call our toll-free number 1-800-478-7307.



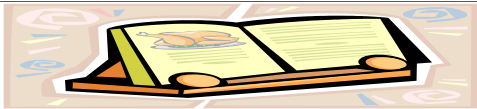
RAVEN'S: Mom2Mom/Dad2Dad parent support group

A fun support group for moms and dads parenting behaviorally challenged children.



Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30 am until noon at the AABA office, 619 S. Knik Goose-Bay Road, Ste J, Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail laura@akattachment.org or 907-376-0366.



"Recipes Needed"

AABA is creating a recipe book as a fundraiser project. Please join in the fun and send in your favorite recipes: your name, and your agency's name will appear on your recipe. Send to: laura@akattachment.org.

A WORD FROM Our CEO

Hoping you are all enjoying your summer. AABA continues to provide ongoing training in the Mat Su Valley and is available for additional trainings on request. Don't forget that Richard Delaney, PhD is coming up soon (If we get enough registrations). You won't want to miss this.



Your support is always appreciated

Thank you

Kelly Eggleston, MS, LPC, CEO

RAVEN LENDING LIBRARY:

Located at: 619 S. Knik Goose-Bay Road, Ste J, Wasilla AK 99654.

Opened: 9:00 am to 4:00 pm. Monday thru Friday.

Books are listed on the AABA web-site: www.akattachment.org

Please come in and browse our books and DVD's on Attachment Disorder and other related disorders. Check some books or DVDs out for reading and/or viewing at home. you cannot get to the RAVEN lending library, call and request the books you would like to read, and we will mail them to you.



RAVEN lending library is made possible in part by:

- The Alaska Mental Health Trust Authority
- Mat-Su Health Foundation



Alaska Attachment & Bonding Associates

Phone:: 907-376-0366
Fax: 907-376-0966

City Center Business Park
619 S. Knik Goose-Bay Road Ste J



Helping families stay together

Web Site:
www.akattachment.org

About Alaska Attachment & Bonding Associates

AABA is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder and professionals who work with this population of children.

- AABA's area of Focus:**
- PREVENTION** of abuse/neglect
 - PLACEMENT** information
 - EDUCATION** in Attachment
 - COMMUNITY** resource information

WHAT drives AABA?

AABA is passionate about traumatized children.

AABA has first hand experience with Attachment Disorder children and knows the Special care and treatment needed to help these children learn, love and trust.

Left untreated, children with Attachment Disorder and other emotional disorders are often times shipped to out-of-state Residential Treatment Centers (RTC's), are likely to become emotionally disturbed adults, unemployable, and are likely to be involved in drugs, alcohol or other illegal activities.

WHY should you care?

Because this is a preventable and/or treatable disorder and will take the community working together!

"BECAUSE THIS IS YOUR HOME" !

Bingo Mania



Bingo Mania helps non-profit programs in the valley. And the non-profits would like to thank Bingo Mania for all the needed help. Bingo Mania is a safe and fun place for adults to get out and meet other adults. Bingo Mania has a Deli for all those hungry Bingo people to satisfy their hunger pangs. Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK**. On the frontage road by Alaska Sales & Service. **Phone 907-376-4816. (all non-smoking) (smoking outside in tent)**

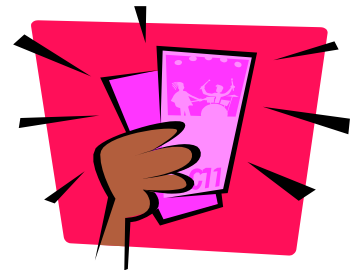
Closed: Monday; Tuesday; Wednesday.

Opened: Thursday: One session, starts @ 6:30 pm

Friday: Two sessions, starts @ 6:30 pm & 10:30pm

Saturday: Two sessions, starts @ 6:30 pm & 10:30 pm

Sunday: One session, starts @ 6:30 pm



Pull Tabs Mania

Mile 49 Parks Hwy

Meadow Lakes

Hours: 12:00 am to 8:00 pm

Opened: Seven Days a Week

Located near the Cadillac Café

Also provides Bingo for your enjoyment.