

AABA NEWSLETTER

Alaska Attachment & Bonding
Associates

January/February 2016

Happy
New Year!

Happy 2016

Happy
Valentines
Day

Inside this issue:

Mini Workshop

FASD & Attachment Disorders

Instructor: Kelly Eggleston, MS, LPC

Date: February 16, 2016 (Tue)

Time: 9am to 1pm

Cost: \$50

Held at: LINKS- 3161 E. Palmer-Wasilla Hwy #2, Wasilla, AK 99654

Class is limited to 20 people

What you will learn:

1. Similarities
2. Differences
3. What works

Register online at: www.akattachment.org
or call 907-376-0366

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children

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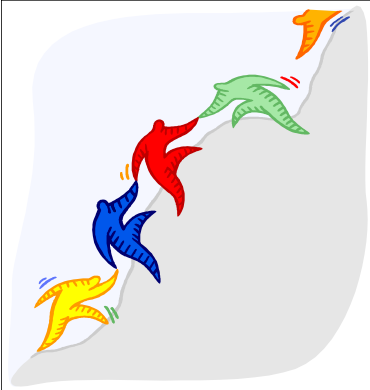
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Alaska Attachment & Bonding Associates depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations and Sponsorships



Lend a helping hand

Alaska Attachment & Bonding Associates

Please like us on
FaceBook



AABA is eligible to receive charitable contributions for the 2016 Pick Click Give Program. Designated by PFD applicants electronic Permanent fund Dividend applications.

Donations can be made to AABA online.

Go to:
www.akattachment.org

Thank you!!!

EIN: 31-1626679

2015 (December) and 2016

Diamond Circle: (\$10,000 to \$24,000)

Rudy Circle: (\$2,5000 to \$5,999)

Emerald Circle: (1,000 to \$2,499)

Platinum Circle: (\$500 to \$999)

Gold Circle: (\$150 to \$499)

Teri Namtvedt
Jack & Janet Faiks
No recognition wanted
Kelly Eggleston

Silver Circle: (\$50 to \$149)

Gorilla Fireworks
Bill & Phyllis Cronk

Bronze Circle: (\$25 to \$49)

Naomi & James Paris

Aluminum Circle: (\$1 to \$24)

In-kind Circle:

Laura Wagner-2 boxes of file folders; postage to mail out a grant.

Sponsors

Panda Bear-\$100 to \$300

Brown Bear-\$400 to \$600

Black Bear-\$700 to \$900

Grizzly Bear-\$1000 to \$2000

Polar Bear-\$3000 to \$5000

Volunteers

Special Thanks to:

To all the Board Members and volunteers.
Bingo Mania for using our Gaming permit



Workshops

Workshops provide the caregivers and professionals who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder, with information that will benefit the children and aid the caregiver in helping their children succeed.

Workshops are a fun way to learn!



Resources and Links

TATTAC: Bernadine Janzen, MS, LPC; Tattacbsj@gmail.com
Attachment & Trauma Network for parents: www.radzebra.org,
Alaska Center for Resource Families: www.acrf.org
Alaska Children's Trust: www.alaskachildrenstrust.org
Families & Professionals Resources for the first three years of life:
www.zerotothree.org
American Family Advocacy Center: www.profane-justice.org
Grandfamilies Network Project: www.voaak.org, 1-888-522-9866
PARENT SUPPORT GROUP: Mom2Mom/Dad2Dad907-376-0366
Court Appointed Special Advocates: www.alaskacasa.org
Attachment Disorder support group: www.adsg.org
Http://thursdaygroup.blogspot.com
Co-occurring Disorders Institute: (CoDI) www.codi-ak.org
CCS Early Learning: www.ccsalaska.org
RAD Kid organization: www.radkid.org
Nancy Thomas: www.attachment.org

AABA Board

President– Eleanor F. Oakley
Vice President– Richard Howes III
Secretary/Treasurer– Carol Rice
Director– Jim Wardman
Director–Karen Howes
Director–Naomi Tigner

CEO

Kelly Eggleston, MS, LPC

Administrative Assistant

Laura Wagner

Parental tools: ON SALE NOW!!!!

DVD set and book: **Trauma, Attachment & Dissociation, New Interventions & Strategies workshop**

Cost \$150 plus shipping and handling

Can be ordered online at www.akattachment.org
(can be found under announcements) or

Call Laura at 907-376-0366



Are you an Amazon Shopper? Alaska Attachment & Bonding Associates is now a part of Amazon Smile



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same Amazon Prime benefits.
- Support your charitable organization by starting your shopping at **smile.amazon.com**.

Be sure to choose Alaska Attachment & Bonding Associates as your charity when shopping Amazon Smile!



YOU CAN HELP (NON-PROFIT) EARN DONATIONS

JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to (non-profit) at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (#93433).

Then, every time you shop and use your Rewards Card, you are helping (non-profit) earn a donation!

You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.

If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

For more information, please visit www.fredmeyer.com/communityrewards



Article from: Kelly Eggleston, MS, LPC

FASD and attachment disorder are both disorders that affect the brain, they have many similarities as well as differences. Both affect a child's ability to make choices, control impulses, and interact with people. No one knows, the exact point trauma or alcohol affect children or how much is too much. We only know that there could be lifelong consequences to the choices made by the parents. There are tools that can be utilized to assist children experiencing these disorders. Research shows that social interaction is very difficult for these children. They may be too trusting or fearful to engage with others resulting in attachment difficulties. Our workshop in February will discuss this information and provide some interventions. I hope to see many of you there.

Workshops and Classes

Alaska Attachment & Bonding Associates

FASD & Attachment Disorders

Instructor: Kelly Eggleston, MS, LPC

You will learn about:

- Similarities
- Differences
- What works

Date: February 16 2016 (Tuesday) **Time:** 9:00am to 1:00pm **Cost:** \$50

Held at: LINKS-3161 E. Palmer-Wasilla HWY #2, Wasilla AK 99654

To register: Call Laura at **907-376-0366**-laura@akattachment.org, **Online:** **www.akattachment.org**

Answers to the many problems caregivers are having in parenting their: adoptive, foster, kinship, step, and guardianship children.

Registration and payment in full is required: Online registration **www.akattachment.org**, or download form and mail to: AABA, PO Box 872188, Wasilla, AK 99687. Or call 907-376-0366 and register over the phone. PayPal is available online at www.akattachment.org. For more information email: laura@akattachment.org. Phone: 907-376-0366. Fax: 907-376-0966. Web-site: www.akattachment.org.

Alaska Center for Resource Families 2016 Training

Core Training for Seasoned Foster Parents: Feb 2nd & 4th 9:00-1:00 (8 hrs)

Relative Core Training: Feb 23rd & 25th 9:00-1:00 (8 hrs)

Contact Wasilla ACRF 376-4678 to sign up for onsite classes as they will be cancelled if no one pre-registers. Unless otherwise noted classes are held at ACRF on PW Hwy in Brentwood Plaza Ste Drive behind the PO, office is located in the back of building.

ACRF classes held at Links Parent Resource Center on PW Hwy in Regan Bldg:

FASD: Jan 13th 12:30-2:00 (This is not an ACRF class but you can earn foster parent training credit)

Paper Tigers Documentary: Jan 28th 12:30-3:30 (also showing Jan 29th 7 PM at the CASA office in Palmer)

FASD 201: Feb 10th noon-4:00

Statewide Rural Teleconferences

Tues Jan 19th 7-8 PM **Foster Kids in School: The Importance of Education and Homework**, John Bennett

Wed Jan 20th, noon-1 **The Reasonable and Prudent Parent Standard**, Aileen McInnis

Tues Feb 16th 7-8 PM **How Parenting Standards Have Evolved**, Betsy Woodin

Wed Feb 17th noon-1 **When OCS Investigates Complaints Against Your Foster Home**, Aileen/ Joanna Williams, OCS Licensing Supervisor, Bethel

The monthly Rural Teleconference is designed for anyone living outside of Anchorage, although anyone can participate. Families may participate by dialing 1-800-944-8766 and when asked enter the code: 26867#. If you phone in before the group leader you will hear music, please stay on the line. For more information contact bwoodin@nwresource.org or call our toll-free number 1-800-478-7307.

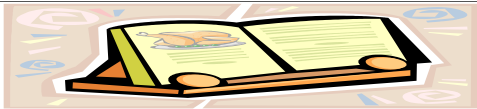
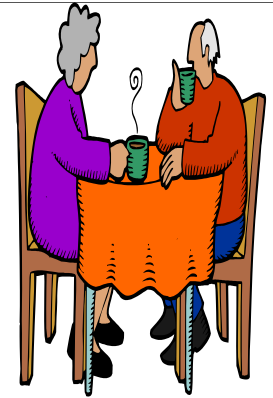


RAVEN'S: Mom2Mom/Dad2Dad parent support group

A fun support group for moms and dads parenting behaviorally challenged children.

Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30 am until noon at the AABA office, 619 S. Knik Goose-Bay Road, Ste J, Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail laura@akattachment.org or 907-376-0366.



“Recipes Needed”

AABA is creating a recipe book as a fundraiser project. Please join in the fun and send in your favorite recipes: your name, and your agency’s name will appear on your recipe. Send to: laura@akattachment.org.

A WORD FROM Our CEO

As we all begin filing for our PFDs lets take a moment to remember AABA We are primarily funded through donations and workshops and can always use a helping hand. As I stated last newsletter, if you will submit questions for me, I will do my best to provide some answers.



Wishing you all a Happy and Fruitful New Year.

Thank you

RAVEN LENDING LIBRARY:

Located at: 619 S. Knik Goose-Bay Road, Ste J, Wasilla AK 99654.

Opened: 9:00 am to 4:00 pm. Monday thru Friday.

Books are listed on the AABA web-site: www.akattachment.org



Please come in and browse our books and DVD’s on Attachment Disorder and other related disorders. Check some books or DVDs out for reading and/or viewing at home. If you cannot get to the RAVEN lending library, call and request the books you would like to read, and we will mail them to you.

RAVEN lending library is made possible in part by:

- The Alaska Mental Health Trust Authority
- Mat-Su Health Foundation



Alaska Attachment & Bonding Associates

Phone:: 907-376-0366
Fax: 907-376-0966

City Center Business Park
619 S. Knik Goose-Bay Road Ste



Your business tag line here.

Web Site:
www.akattachment.org

About Alaska Attachment & Bonding Associates

AABA is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with Trauma & Stressor Related Disorders, such as Attachment Disorder and professionals who work with this population of children.

- AABA's area of Focus:**
- PREVENTION** of abuse/neglect
 - PLACEMENT** information
 - EDUCATION** in Attachment
 - COMMUNITY** resource information

WHAT drives AABA?

AABA is passionate about traumatized children.

AABA has first hand experience with Attachment Disorder children and knows the Special care and treatment needed to help these children learn, love and trust. Left untreated, children with Attachment Disorder and other emotional disorders are often times shipped to out-of-state Residential Treatment Centers (RTC's), are likely to become emotionally disturbed adults, unemployable, and are likely to be involved in drugs, alcohol or other illegal activities.

WHY should you care?

Because this is a preventable and/or treatable disorder and will take the community working together!

"BECAUSE THIS IS YOUR HOME" !

Bingo Mania



Bingo Mania helps non-profit programs in the valley. And the non-profits would like to thank Bingo Mania for all the needed help. Bingo Mania is a safe and fun place for adults to get out and meet other adults. Bingo Mania has a Deli for all those hungry Bingo people to satisfy their hunger pangs. Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK**. On the frontage road by Alaska Sales & Service. **Phone 907-376-4816. (all non-smoking) (smoking outside in tent)**

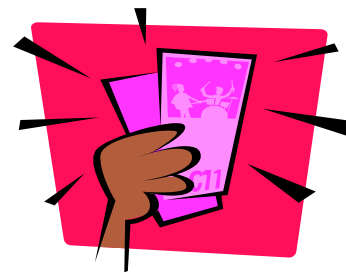
Closed: Monday; Tuesday; Wednesday.

Opened: Thursday: One session, starts @ 6:30 pm

Friday: Two sessions, starts @ 6:30 pm & 10:30pm

Saturday: Two sessions, starts @ 6:30 pm & 10:30 pm

Sunday: One session, starts @ 6:30 pm



Pull

Tab's Mania

Mile 49 Parks Hwy

Meadow Lakes

Hours: 12:00 am to 8:00 pm

Opened: Seven Days a Week

Located near the Cadillac Café

Also provides Bingo for your enjoyment.