

# AABA NEWSLETTER

Alaska Attachment & Bonding Associates

February/March  
2012

## Family Development Camp Postponed

The Family Development Camp has been postponed until May of 2013. Families were having problems getting the finances and the required paper work in. If you are interested in joining the camp, please sign up now and we can arrange a payment plan that fits your budget. When the camp comes along in May of 2013 your camp experience will be paid for. Call Laura at 907-376-0366 and she will send you the required paper work and set up your payment plan.

*The one week Family Development Camp was designed to help families to bond and help children with ADD, ADHD, RAD, ODD, OCD, PTSD, Tourette's, Asperger's, the effects of early trauma and adoption and Bipolar disorder. With RAD so common and such a huge issue we have mainly focused on those children but many have multiple diagnosis. The focus of the camp is to increase love, laughter, bonding, self-control, and child conscience development in the family.*

*The goal of the Camp is to teach parents of emotionally disturbed children how to help their child to be successful. Each morning the parents attend a training, encouragement support session. They then practice the new skills with staff support to fine-tune the interventions throughout the day.*

**The lessons are:**

- **Taking care of yourself**
- **Understanding the brain and how to heal it**
- **Establishing respect**
- **Understanding conscience development and how to advance it**
- **Creating and maintaining the heart to heart connection**
- **Helping a child develop self-control**
- **Setting limits and helping the child to accept the limits**
- **Supercharge your expectation of responsibility**
- **Expect restitution for damages**
- **Winning control battles**
- **Teach your child to think for him/herself**
- **Guide the processing of feelings**
- **Building self-worth**



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• Helping Families Stay Together

**Alaska Attachment & Bonding Associates** depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations.



**Lend a helping hand**

**Alaska Attachment  
& Bonding Associates**  
is eligible under  
AS 43.23.062 to  
receive  
charitable contributions for  
**~2012 ~**  
as  
designated by PFD  
applicants electronic  
Permanent Fund Dividend  
applications. Program:  
**(Pick. Click. Give.)**  
Please help with our mission  
**PICK. CLICK. GIVE** to:  
**Alaska Attachment &  
Bonding Associates**



**2012**

**Diamond:** (\$10,000 to \$24,999)

**Sapphire Circle:**(\$6,000 to \$9,999)

**Ruby Circle:** (\$2,500 to \$5,999)

**Emerald Circle:** (\$1,000 to \$2,499)

**Platinum Circle:**(\$500 to \$999)

Western Enterprises, Inc.

Totem Ocean Trailer Express, Inc

American Seafoods Company LLC

MSHF Discretionary Grant-Teri Namvet

**Gold Circle:**(\$150 to \$499)

BP America Inc. –Michael Solmanson

First National Bank (Craig Thorn)

Diversified Tires

Sean Hitchcock

**Silver Circle:**(\$50 to \$149)

Eleanor Oakley

**Bronze Circle:**(\$25 to \$49)

Weldin Construction

**Aluminum Circle:**(\$1 to \$24)

Isabel Stitnicky

Lugi Volope

**In-kind Circle:**

**Volunteers**

Eleanor Oakley,

Jim Wardman

Karen Howes,

Laura Wagner

Brittany Blawn

Carol Rice

Crystal Loncle

Cynthia Riley

**Special Thanks to**

*Mr. Howes* for donating his time.

*Karen Howes* for helping with Pampered Chef Fundraisers.

To all the Board Members and volunteers.

And thanks to: Bingo Mania for using our Gaming permit.



# Workshop May 12, 2012

## Please join the fun!!!!



Workshops  
Are a fun way to  
learn!

### Resources and Links

**TATTAC** Bernadine Janzen, MS, LPC;  
Tattacbsj@gmail.com  
**Attachment Disorder Network for parents;** www.radzebra.org  
Alaska Parent Line; 1-800-643-5437  
**Alaska Center for Resource Families;**  
www.acrf.org  
**Alaska Children's Trust;**  
www.alaskachildrenstrust.org  
**Families & Professionals Resources for the first three years of life;**  
www.threetozero.org  
**American Family Advocacy Center;**  
www.profane-justice.org  
**For Grandparents raising grandkids;**  
grands@voaak.org 1-888-522-9866  
**RAVEN Respite Parent Support Group,** subscribe at;  
www.subscribe@yahoogroups.com  
(To sign up for Online support group: call 907-357-6263 or Email: princessbutercupp@yahoo.com) you will receive easy instructions on how to get on the site.

**Mom2Mom/Dad2Dad parent support:**  
Support group line: 907-982-1948 Crystal  
cloncle@mtaonline.net  
**RAVEN Respite Support** Melissa Jessup;  
zeusl@mtaonline.net  
princessbutercupp@yahoo.com  
**Court Appointed Special Advocates;**  
www.alaskacasa.org  
**Attachment Disorder support group;**  
www.adsg.org  
**Child Welfare Information Gateway;**  
www.childwelfare.gov  
**RAD Kid Organization;** www.radkid.org  
[www.sociallearning.com](http://www.sociallearning.com).<http://www.fosterparentcollege.com/>  
<http://thursdaygroup.blogspot.com>  
**Co-occurring Disorders Institute**  
CoDI; www.codi-ak.org  
**CCS Early Learning**  
<http://www.ccsalaska.org>

### Raven Respite

**Please submit your paper work.**

**We have some respite providers, waiting for the families to submit their paper work.**

"RAVEN  
Respite Striving to make a  
Difference for families





## **“Coming to Alaska”**

**Nancy Thomas**, *mother, grandmother, adoptive mom and foster mom, has*

*worked as a Therapeutic Parenting Specialist with children who had AD, RAD, PTSD,*

*Aspergers, ritualistic abuse, ADD, ADHD, ODD, Tourette’s Syndrome and Bipolar Disorder. Nancy is the author of “When Love is Not Enough” co-authored “The Handbook of Attachment Interventions”, Wrote and produced “Mastering Steps to Reach Children”, “Building Brilliant Brains through Bonding”, “Captive in the Classroom”, “Give Me a Break” and “The Circle of Support”.*

**Nancy will be in Alaska on May 12, 2012**

**to instruct the “Rebuilding the Broken Bond” workshop.**

**For more information call 907-376-0366**

**[www.akattachment.org](http://www.akattachment.org) (registration required)**

**April is Autism Awareness Month.** Join AARC/SESA, ACRF and Links Parent Resource Center to learn more about Autism Friday, April 6th at LINKS from 6:00-8:00 PM. Links is located at 4931 E. Mayflower Ln., Ste #3, Wasilla, AK 99654.....These agencies will have resources for families and staff available to answer questions about autism and local resources.

Feel free to bring the whole family as there will be activities for kids and light refreshments. We will also have a silent auction and the proceeds will be used to purchase resources on autism for the lending libraries at Links and ACRF. For more information contact Krista at AARC/SESA 334-1331, Betsy at ACRF 376-4678 or Christine at Links 376-3632.

Betsy Woodin, Trainer/Adoption Support

Alaska Center for Resource Families

PO Box 876844, Wasilla, AK 99687

location: 5050 Dunbar St. Ste. A2

Phone: 907-376-4678

Fax: 907-376-4638

**A Word from our CEO/President**

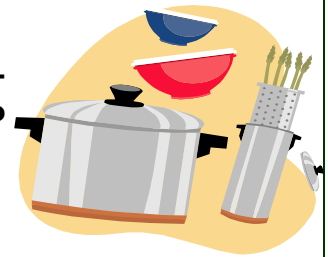
**I want to personally “Thank you” for your continuing support of Alaska Attachment & Bonding Associates and all the non-profits in the Mat-Su Valley.**



**Pampered Chef “Pampered Chef Consultant– Karen Howes”**

**You may order on-line at [www.pamperedchef.biz/karenh](http://www.pamperedchef.biz/karenh) anytime or request a catalog from Karen, at 315-1425 or email request to [karenh@gci.net](mailto:karenh@gci.net).**

**Call Karen to find out what the guest special is or go on line.**



**Lending Library** Located at: 619 S. Knik Goose-Bay Road, Suite J, Wasilla, AK 99654

Open: 8:00 a.m. to 4:00 p.m. - Monday though Friday

Books are listed on AABA’s web-site: [www.akattachment.org](http://www.akattachment.org)

Please come in and browse, check some books out, to read at home at your leisure, then either bring them back or mail them in. If you cannot get to the lending library call and request the books you would like to read, and we will mail them to you. Please call Laura at 907-376-0366 with any questions.

***LENDING LIBRARY MADE POSSIBLE IN PART BY:***

*THE ALASKA MENTAL HEALTH TRUST AUTHORITY*

*AND MAT-SU HEALTH FOUNDATION*



**Alaska Attachment & Bonding Associates: Workshops**

**REGISTRATION REQUIRED: Register by Phone: 907-376-0366 Fax: 907-376-0966**  
**online registration @ [www.akattachment.org](http://www.akattachment.org) (PayPal available)**  
*(will not work with web based email addresses, such as hotmail, g-mail, yahoo*

**“Rebuilding the Broken Bond”**

**One Day workshop**

**Instructor: Therapeutic Parenting Specialist “Nancy Thomas”**

**When: May 12, 2012**

**Time: 8:30am to 5:30pm**

**Cost: \$150;**

**Registration and payment in full Required (limited seating)**

**Www.akattachment.org or Call Laura @ 907-376-0366.**

**Provided: Continental Breakfast, On your own for lunch. We have refrigeration for your sack lunches.**

**CEU's : pending confirmation**

**Sponsored by: American Seafood, Totem Ocean Trailer Express, and Alaska Attachment & Bonding Associates**



ACRF Mat-Su Area winter/spring 2012 □ Core Training for Resource Families

Core for Seasoned Foster Parents- April 24th and 25th 9:00-1:00 must attend both classes (8 hrs)

Core for Relatives- Mondays April 2nd, 9th and 16th 6:00-9:00 PM, must attend all 3 classes (9 hrs)

ACRF can bring Core Training to you! If there are at least 2 people that want to take the class we can schedule a 12 hr version at your convenience, nights or on the weekend. Call 376-4678 to schedule this option. There is also a self-study workbook, but you must get permission from your licensing worker at OCS

Adopting Through OCS

Mon April 23rd 6:00-9:00 PM (3 hr class)

Building Families through Adoption: Mondays 3/19 and 3/26 6-9 PM and Saturdays 3/24 and 3/31 9:00-noon. Must attend all 4 days for a total of 12 hours.

Building Families is an educational, interactive workshop addressing the core issues in adoption. The sessions incorporate birth and adoptive panel speakers, media clips, exercises and group discussions. Building Families is offered free of charge to pre- and post-adoptive families and fulfills the Hague training requirements for International Adoption. Topics of the Series Include: Trans-racial Adoption,

Understanding Birth Parents, Talking to Your Child About Adoption, Grief and Loss In Adoption

The Effects of Institutionalization, Attachment and Bonding, Medical and Disclosure Issues in Adoption

Video Days-Come to ACRF between 9:00-2:00 and watch DVD's on specific topics of interest:

Mar 22nd-Attachment, Apr 17th-Autism, May 17th-Generational Trauma, June 7th Active Parenting Series. You don't have to stay the whole time, but must pre-register so we know you are coming.

All ACRF Classes will be held at the ACRF Wasilla office in the Brentwood Plaza on the Palmer Wasilla Highway unless otherwise noted. Turn on Shennum and drive behind the post office to the rear of the building, Ste. A2. There is a sign on the roof and on the door. You must pre-register as classes will be cancelled without notice if no one signs up, call 376-4678 or [bwoodin@nwresource.org](mailto:bwoodin@nwresource.org)

**Rural Teleconference Training and Support:**

Mar 6th, Fostering Teens, with Brenda Ursel-Adoption Specialist, noon-1:00

Mar 14th, Involving Youth in Planning for their Future with FFCA, 7:00-8:00 PM

April 10th, Understanding Autism, Trainer: Christie Reinhardt, noon-1:00

April 11th, Adoption Grief and Loss, 7:00-8:00 PM guest-Dawn Adams SC OCS RAS

May 8<sup>th</sup> Disabilities and Advocacy noon-1:00

May 16<sup>th</sup> More on Disabilities and Advocacy (guest presenter Tami Eller) 7:00-8:00 PM

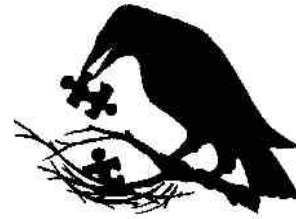
June 12th Cultural Appropriateness Trainers: Rachel Hanft and Linden Staciokas, noon-1:00

June 13th TBA 7:00-8:00 PM

July 24<sup>th</sup> How Foster Parents can Work with Tribes with Tara Pickett SC Adoption Assistant noon-1:00

July 25<sup>th</sup> TBA 7:00-8:00 PM

The monthly Rural Teleconference is designed for anyone living outside of Anchorage or Fairbanks, although anyone can participate. Families may participate by dialing 1-888-626-7441 and when asked enter the code: 9939775#. If you phone in before the group leader you will hear music, please stay on the line. For more information contact [bwoodin@nwresource.org](mailto:bwoodin@nwresource.org) or call our toll-free number 1-800-478-7307.



R.A.V.E.N. Respite Project

If you would like to participate in the RAVEN Respite project: 907-376-0366 (respite training workshop is a must) respite meetings will be booked after the families have all their paper work submitted, and when ever deemed necessary by the families.

"Mom2Mom/Dad2Dad Parent support group"

Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30am to 12:00. At the AABA office, 619 S. Knik Goose-Bay Road, Ste J. Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail [laura@akattachment.org](mailto:laura@akattachment.org) or call 907-376-0366.

**"Bingo Mania" supports "non-profits" by using their gaming permits.**

**(Non-profits are Alaska Attachment & Bonding Associates & Wasilla Senior Center)**

**Closed: Monday; Tuesday and Wednesday:**

**Opened: Thursday: one session starts @ 6:30 p.m.**

**Friday: two sessions starting @ 6:30 & 10:30 p.m.**

**Saturday: two sessions starting @ 6:30 & 10:30 p.m.**

**Sunday: one session starting @ 6:30 p.m.**

**6445 E. Blue Lupine Drive Wasilla, Alaska 99654,**

**Phone: 907-376-4816**

**(Located on Parks next to Alaska Sales and Service).**



## Alaska Attachment & Bonding Associates

City Center Business Park  
619 S. Knik Goose-Bay Road, Ste J  
Wasilla, AK 99654

Phone: 907-376-0366

Fax: 907-376-0966

E-mail: [laura@akattachment.org](mailto:laura@akattachment.org)



AABA

Web Site

[www.akattachment.org](http://www.akattachment.org)

### About Alaska Attachment & Bonding Associates

AABA is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with emotional disorders, such as Reactive Attachment Disorder (RAD), and professionals who work with this population of children.

AABA's area of Focus: **PREVENTION** of abuse/neglect

**PLACEMENT** information

**TRAINING** in Attachment

**COMMUNITY** Resource information

### WHAT drives AABA?

AABA is passionate about traumatized children.

AABA has first hand experience with Attachment Disorder children and knows the special care and treatment needed to help these children learn love and trust.

Left untreated, children with Attachment Disorder and other emotional disorders are often times shipped to out-of-state Residential Treatment Centers (RTC's), and are likely to become emotionally disturbed adults, unemployable, likely to be involved in drugs, alcohol or other illegal activities.

Attachment Disorder children place a huge impact in dollars, stress, crime, and livability in the Mat-Su Borough and throughout Alaska.

### WHY should you care?

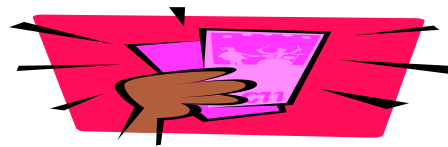
Because this is a preventable disorder and will take the community working together! AND, "**BECAUSE THIS IS YOUR HOME!**"



The Bingo Mania is a light yellow building away from all the hustle and bustle of the bowling alley. A much more pleasant and serene atmosphere. There is a Bingo Mania Deli for all the hungry Bingo people. Bring a friend and help celebrate this new kind of Bingo establishment. Bingo Mania is located at 6445 e. Blue Lupine Dr. Wasilla. 907-376-4816, On the frontage Rd by Alaska Sales & Service.



## NEW PULL TAB STORE!!!!



## “PULL TABS MANIA”

Mile 49 Parks Hwy

Meadow Lakes

Opened 11:00am to 9:00pm

(helping the non-profits)