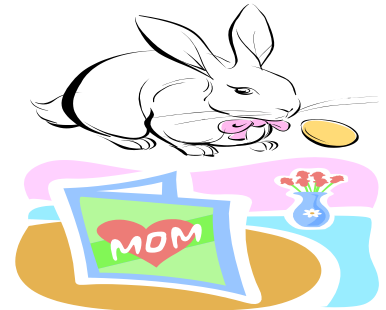




# AABA NEWSLETTER

Alaska Attachment & Bonding Associates

April/May 2012



## Defining Reactive Attachment Disorder

Do you know a young person who:

- ` Lies for no apparent reason.
- ` Has abnormal speech patters and is uninterested in learning communication skills .
- ` Sneaks things without permission even if the thing could be had by simply asking first.
- ` Is demanding or clingy, often at inappropriate times.
- ` Argumentative, frequent tantrums or rage, often over trivial or insignificant issues.

These and many others are all signs and symptoms of reactive attachment disorder (RAD) the causes of which can occur to a child usually starting under the age of 36 months who sustains:

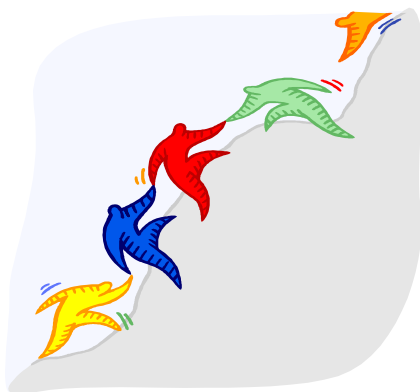
- ` Abuse (physical, emotional, sexual).
- ` Neglect
- ` Sudden separation from primary caregiver (i.e. illness or death of mother or severe illness/hospitalization of child)
- ` Undiagnosed or painful illness such as colic or ear infections
- ` Inconsistent or inadequate day care
- ` Chronic maternal depression
- ` Several moves or placements (foster care, failed adoptions)
- ` Unprepared mothers with poor parenting skills

Reactive Attachment Disorder (RAD) is a mental disorder which starts in infancy or early childhood and is biologically based and ranges in symptoms from mild to severe. Symptoms include: oppositional behavior, poor eye contact, defiance, pathological lying, inability/refusal to be comforted, sabotaging, constant talking, manipulative behavior, and fear of intimacy. Children who have attachment disorder may also have concurrent depression, anxiety, trauma/PTSD and attention deficits (ADD/ADHD) or other mental illnesses. RAD is a condition which prevents the individual from forming loving lasting relationships and often lack the ability to be genuinely affectionate with others; they typically fail to develop a conscience and do not learn to trust. In all but the most severe cases, the symptoms of attachment disorder occur mostly at home with the primary caregivers. While the rest of the world (school, neighbors, families) often sees a charming, talkative, engaging child, the parent is typically the recipient of the child's most hostile and aggressive behavior. Standard parenting techniques do not work with children with attachment issues; they do not think and feel like a normal person. It is important for parents dealing with a child with attachment disorder to get professional help as soon as possible.

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**Alaska Attachment & Bonding Associates depends solely upon yearly support from the community. We are proud to recognize the following individuals, businesses, and organizations for their support through Grants and Donations.**



**Lend a helping hand**

**Alaska Attachment & Bonding Associates**

is eligible under AS 43.23.062 to receive

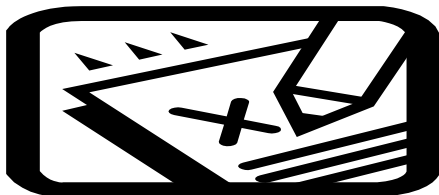
charitable contributions for ~2012~

as designated by PFD applicants electronic Permanent Fund Dividend applications. Program:

**(Pick. Click. Give.)**

Please help with our mission:

*To support healthy family attachments and bonds through education and advocacy.*



2012

**Diamond: (\$10,000 to \$24,999)**

**Sapphire Circle: (\$6,000 to \$9,999)**

**Rudy Circle: (\$2,500 to \$5,999)**

**Emerald Circle: (1,000 to \$2,499)**

**Platinum Circle: (\$500 to \$999)**

Western Enterprises, Inc  
Totem Ocean Trailer Express, LLC  
American Seafood Company LLC  
MSHF Discretionary – Teri Namvet  
Gottstein Family Foundation

**Gold Circle: (\$150 to \$499)**

BP American Inc.-Michael Solmanson  
Fabric of America Fund– Susan Denton  
First National Bank (Craig Thorn)  
Diversified Tires  
Sean Hitchcock  
A Renee Richardson  
Hardy Heating, Inc

**Silver Circle: (\$50 to \$149)**

Eleanor F. Oakley  
Naomi & James Paris

**Bronze Circle: ( \$25 to \$49)**

Weldin Construction  
Fred Meyer– Wasilla

**Aluminum Circle: ( \$1 to \$24)**

Isabel Stitnicky  
Lugi Volope

In-kind Circle:

Volunteers

Eleanor Oakley  
Jim Wardman  
Karen Howes  
Laura Wagner  
Brittany Blawn  
Carol Rice  
Crystal Loncle  
Cynthia Riley

Special Thanks to:

Mr. Howes for donation of his time

Karen Howes for helping with the Pampered Chef fundraisers

To all the Board Members and volunteers.

Bingo Mania for using our Gaming permit



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## Special Workshop

Instructor Nancy Thomas: Mother, grandmother, adoptive mom and foster mom, has worked as a Therapeutic Parenting specialist with children who had Attachment Disorder, RAD, PTSD, Aspergers, ritualistic abuse, ADD, ADHD, ODD, Tourette's syndrome and Bipolar Disorder. She has shared her life and home for over 35 years with severely emotionally disturbed children. She has an 85% success rate with these high-risk children, which is one of the highest in the country. An author and educator specializing in bonding and conscience development, she has trained over 50,000 parents and professionals throughout the world with her effective methods. This will be Nancy's first time in Alaska. The workshop will be May 12, 2012, "Rebuilding the Broken Bond". Registration required.  
[www.akattachment.org](http://www.akattachment.org) or call 907-376-0366



Workshops are a fun way to learn!



## Resources and Links

**TATTAC:** Bernadine Janzen, MS, LPC; [Tattacbsj@gmail.com](mailto:Tattacbsj@gmail.com)

**Attachment Disorder Network for parents:** [www.radzebra.org](http://www.radzebra.org),

**Alaska parent line;** 1-800-643-5437

**Alaska Center for Resource families:** [www.acrf.org](http://www.acrf.org)

**Alaska Children's trust:** [www.alaskachildrenstrust.org](http://www.alaskachildrenstrust.org)

**Families & Professionals resources for the first three years of life:** [www.threetozero.org](http://www.threetozero.org)

**American Family Advocacy Center:** [www.profane-fustice.org](http://www.profane-fustice.org)

**Grandparents raising grandkids:** [grands@voaak.org](mailto:grands@voaak.org), 1-888-52-9866

**RAVEN Respite:** Laura Wagner-1-907-376-0366

**RAVEN PARENT SUPPORT GROUP:** Mom2Mom/Dad2Dad, 907-376-0366

**Support group line:** 907-982-1948, [Crystalcloncle@mtaonline.net](mailto:Crystalcloncle@mtaonline.net)

**Court Appointed Special Advocates:** [www.alaskacasa.org](http://www.alaskacasa.org)

**Attachment Disorder support group:** [www.adsg.org](http://www.adsg.org)

[Http://thursdaygroup.blogspot.com](http://thursdaygroup.blogspot.com)

**Co-occurring Disorders Institute:** CoDi; [www.codi-ak.org](http://www.codi-ak.org)

**CCS Early Learning:** [www.ccsalaska.org](http://www.ccsalaska.org)

**RAD Kid organization:** [www.radkid.org](http://www.radkid.org)

**Alaska Attachment & Bonding Associates**

### RAVEN Respite

**Please submit  
your paper  
work.**

**We have some  
respite provid-  
ers, waiting for  
the families to  
submit their  
paper work.**



**"RAVEN Respite"  
Striving to make a dif-  
ference for families**

# Workshops and Classes

## ALASKA ATTACHMENT & BONDING ASSOCIATES: workshop

### “Rebuilding the Broken Bond”

**Instructor:** Therapeutic Parenting Specialist “Nancy Thomas”

**When:** May 12, 2012      **Time:** 8:30 am to 5:30 pm      **Cost:** \$150 , Professional CE’s additional \$20

**Where:** Mat-Su Borough Public Safety Building Facilities, 101 W. Swanson Ave, Training Rm. 1 & 2, Wasilla AK

**Provided:** Continental Breakfast, On your own for lunch. Refrigeration available for sack lunches.

**CE’s available:** CE’s are available for psychologists, social workers, licensed professional counselors, marriage and family therapists, and addiction counselors, etc. For additional information please e-mail support@per-ce.net.

**Registration and payment in full required:** Online registration [www.akattachment.org](http://www.akattachment.org), Or down load form and mail to: AABA, PO Box 872188, Wasilla, AK 99687, Or call 907-376-0366 and register over the phone. PayPal is available online @ [www.akattachment.org](http://www.akattachment.org). For more information email: [laura@akattachment.org](mailto:laura@akattachment.org). Phone: 907-376-0366. Fax: 907-376-0966. Web-site: [www.akattachment.org](http://www.akattachment.org).

Mat-Su Area Spring 2012

Relative Core Training

**Short Core Training for Resource Families** , 9 hour version with homework. You must pre-register to attend and classes will be cancelled without notice if no one signs up.

In May: Thurs 10<sup>th</sup> 6-9:00, Fri 11<sup>th</sup> 6:00-9:00 and Sat the 12<sup>th</sup> 9:00-noon

In May: Tues 22<sup>nd</sup>, Wed 23<sup>rd</sup> & Thurs 24<sup>th</sup> 6:00-9:00 PM

ACRF can bring Core Training to you! If there are at least 2 people that want to take the class we can schedule a 12 hr version at your convenience, nights or on the weekend. Call 376-4678 to schedule this option. There is also a self-study workbook, but you must get permission from your licensing worker at OCS

**Video Days**-Come to ACRF between 9:00-2:00 and watch DVD's on specific topics of interest:

May 17<sup>th</sup>-Generational Trauma, June 7<sup>th</sup> Active Parenting Series. You don't have to stay the whole time, but must pre-register so we know you are coming.

All ACRF Classes will be held at the ACRF Wasilla office in the Brentwood Plaza on the Palmer Wasilla Highway unless otherwise noted. Turn on Shennum and drive behind the post office to the rear of the building, Ste. A2. There is a sign on the roof and on the door. You must pre-register as classes will be cancelled without notice if no one signs up, call 376-4678 or

[bwoodin@nwresource.org](mailto:bwoodin@nwresource.org)

### **Rural Teleconference Training and Support:**

May 8<sup>th</sup> Disabilities and Advocacy noon-1:00

May 16<sup>th</sup> More on Disabilities and Advocacy (guest presenter Tami Eller) 7:00-8:00 PM

June 12<sup>th</sup> Cultural Appropriateness Trainers: Rachel Hanft and Linden Staciokas, noon-1:00

June 13<sup>th</sup> Understanding the TDM w/ OCS TDM Facilitator Jamie Kokoszka 7:00-8:00 PM

July 24<sup>th</sup> How Foster Parents can Work with Tribes with Tara Pickett SC Adoption Assistant noon-1:00

July 24<sup>th</sup> Understanding the TDM Pt 2 w/ OCS TDM Facilitator Jamie Kokoszka 7:00-8:00 PM

The monthly Rural Teleconference is designed for anyone living outside of Anchorage or Fairbanks, although anyone can participate. Families may participate by dialing 1-888-626-7441 and when asked enter the code: 9939775#. If you phone in before the group leader you will hear music, please stay on the line. For more information contact [bwoodin@nwresource.org](mailto:bwoodin@nwresource.org) or call our toll-free number 1-800-478-7307.



### **RAVEN'S: Mom2Mom/Dad2Dad** parent support group

A fun support group for moms and dads parenting behaviorally challenged children.

Mom2Mom/Dad2Dad parent support group meets the first Monday of every month. From 10:30 am until noon. At the AABA office, 619 S. Knik Goose-Bay Road, Ste J, Wasilla. No registration is required, just come and talk with the other parents who have the same concerns as you do. Coffee and tea will be served.

If you have any questions, please e-mail [laura@akattachment.org](mailto:laura@akattachment.org) or 907-376-0366.



### **RAVEN RESPITE PROJECT**

If you would like to participate in the RAVEN Respite project call 907-376-0366.



There are a few providers that are trained in the care of Attachment Disorder children. The families need to submit all their paper work and attend the respite training workshop, to receive some assistance with the cost of the care from AABA. AABA has two

families using this program. AABA can assist two more families. 907-376-0366

### **A WORD FROM OUR CEO/PRESIDENT**

AABA would like to invite volunteers to help with and create new fundraising events. If you are interested please email [laura@akattachment.org](mailto:laura@akattachment.org) or call 907-376-0366. Community involvement is key to a successful event that would help these emotional at-risk children and their parents deal with emotional issues, such as Attachment Disorder or Reactive Attachment Disorder.

Thank you, and have a great summer.

Eleanor F. Oakley



### **PAMPERED CHEF** (one of AABA's fundraising programs)

Pampered chef consultant-Karen Howes

You may order on-line at [www.pamperedchef.biz/karenh](http://www.pamperedchef.biz/karenh) anytime or request a catalog from Karen @ 907-375-1425 or email request to [karenh@gci.net](mailto:karenh@gci.net).

### **RAVEN LENDING LIBRARY:**

Located at: 619 S. Knik Goose-Bay Road, Ste J, Wasilla AK 99654.

Opened: 8:00 am to 4:00 pm. Monday thru Friday.

Books are listed on the AABA web-site: [www.akattachment.org](http://www.akattachment.org)

Please come in and browse, check some books or DVD's out, on Attachment Disorder. If you cannot get to the RAVEN lending library, call and request the books you would like to read, and we will mail them to you.

RAVEN lending library is made possible in part by:

- The Alaska Mental Health Trust Authority
- Mat-Su Health Foundation



## Alaska Attachment & Bonding Associates

Phone:: 907-376-0366  
Fax: 907-376-0966

City Center Business Park  
619 S. Knik Goose-Bay Road Ste J  
Wasilla, Alaska 99654



*Helping families stay together*

Web Site:

[www.akattachment.org](http://www.akattachment.org)

### About Alaska Attachment & Bonding Associates

**AABA** is a non-profit organization that provides education, training, support and advocacy for kinship, adoptive and foster families who care for children with emotional disorders, such as Reactive Attachment Disorder (RAD) and professionals who work with this population of children.

**AABA's area of Focus: PREVENTION** of abuse/neglect

**PLACEMENT** information

**EDUCATION** in Attachment

**COMMUNITY** resource information

#### **WHAT drives AABA?**

**AABA** is passionate about traumatized children.

**AABA** has first hand experience with Attachment Disorder children and knows the Special care and treatment needed to help these children learn, love and trust.

Left untreated, children with Attachment Disorder and other emotional disorders Are often times shipped to out-of-state Residential Treatment Centers (RTC's), and Are likely to become emotionally disturbed adults, unemployable, likely to be

Involved in drugs, alcohol or other illegal activities.

#### **WHY should you care?**

Because this is a preventable disorder and will take the community working together!

**"BECAUSE THIS IS YOUR HOME" !**

## Bingo Mania



**Bingo Mania** helps non-profit programs in the valley. And the non-profits would like to thank Bingo Mania for all the needed help. Bingo Mania is a safe and fun place for adults to get out and meet other adults. Bingo Mania has a Deli for all those hungry Bingo people to satisfy their hunger pangs. Bingo Mania is located at **6445 E. Blue Lupine Dr. Wasilla AK**. On the frontage Rd by Alaska Sales & Service. **Phone 907-376-4816**.

Closed: Monday; Tuesday; Wednesday.

Opened: Thursday: One session, starts @ 6:30 pm

Friday: Two sessions, starts @ 6:30 pm & 10:30pm

Saturday: Two sessions, starts @ 6:30 pm & 10:30 pm

Sunday: One session, starts @ 6:30 pm



## Pull Tabs Mania

Mile 49 Parks Hwy

Meadow Lakes

Opened 11:00am to 9:00 pm