



Helping Families Stay Together

**Alaska Attachment
&
Bonding Associates**

(AABA)

**Annual Report
2010**



Alaska Attachment & Bonding Associates (AABA) Annual Report

MISSION STATEMENT: AABA's mission is to support healthy family attachments and bonds through education and advocacy.

VISION: AABA is committed to healthy attachments & bonds for all Alaska children and families.

SERVICES/PURPOSE:

Alaska Attachment & Bonding is a non-profit organization that provides education, training, support and advocacy for adoptive, foster, kinship and guardianship parents who care for children with emotional disorders such as Reactive Attachment Disorders (RAD), and professionals who work with this population of children. Reactive Attachment Disorder (RAD) is an attachment disorder that occurs when bonding is interrupted between the infant child and the parents. The most common causes of disruption are emotional and/or physical abuse of the child. Other causes could include: sexual abuse, alcohol and drug syndrome babies. AABA offers support and referral information to family members and professionals seeking direction.

AABA's areas of focus are:

- PREVENTION of early childhood traumas
- PLACEMENT resource list of Residential Treatment Centers that accept Medicaid
- TREATMENT resource information for the children who experience emotional mental illness
- EDUCATION/TRAINING for parents and professionals

AABA believes that healthy attachment and bonding in the first three years of life will promote healthier individuals, that youth and families should have meaningful involvement with the design, implementation and evaluation of any programs that affect their lives, that improving our system of care will take all state, local providers and consumers integrating their resources to meet the gaps in service; and that within this system of care, the

most efficient and effective use of money is to provide encouragement and support while teaching self-advocacy and connecting families.

Our community is becoming aware of the high cost of drug and alcohol addictions. A hidden cost is the abuse children experience because of their parents' addictions. Not only are children removed from these dangerous situations, but also these children experience emotional mental health issues themselves. It is AABA's mission to stop this cycle by helping parents and professionals understand effects of early childhood traumas.

AABA offers telephone/e-mail support and referral/resource information to family members and professionals seeking direction. AABA offers bi-monthly newsletters and has been offering a basic source of education for parents and professionals through Attachment Disorder Workshops for the past seven years. In addition, AABA has a website (www.akattachment.org) that brings current information on attachment issues to a growing list of professionals, parents, and other interested parties. AABA offers a lending library and a Mom2Mom/Dad2Dad parent support group the first Monday of every month (if the first Monday is a Holiday, the support group meeting will be held the second Monday of the Month). The meeting is led by parents and held at the AABA office, 619 S. Kink Goose-Bay Road, Suite J., Wasilla AK. For more information call: 907-376-0366. AABA's RAVEN Respite Project is underway. AABA is accepting applications for providers and those wishing to use respite. All must attend a respite training workshop.

HISTORY:

Two mothers came together to discuss the difficulties each was having in parenting children who had been labeled as having attachment disorders. The idea came about when the mothers decided to use their respective knowledge and resources. One mother came from a teaching background while the other came from a correctional planning of exercise/crafts/recreation of prison populations. They decided to form an organization where other parents with similar problems and experiences could come and find the much-needed help to cope with these difficult children.

Soon other interested individuals came together and a Board of Directors was established. The Board members volunteer their time and talent toward a common goal. On January 12, 1998, Alaska Attachment & Bonding Associates (AABA) became the organization's official name with a 501-c

(3) status. AABA is comprised of volunteers, professionals and families who care for children through kinship care, adoption, guardianship and foster care.

ACCOMPLISHMENTS: 2010

AABA Volunteered at the following events/trainings:

- Child Protection Team Training- Coming together for our children(Chickaloon Village Traditional Council)
- Family to Family-(Office of Children Services)

AABA was an exhibitor at the following Health Fairs:

- Valley Residential Community Health Fair
- Mat-Su Community Health Fair
- CCS Early Learning Agency Resource Fair
- Light of Hope
- Families/Children Resource Information Gathering
- Family Tribal Celebration & Health Fair

Internet/Telecommunication: Advocate and support:

Total email/phone Contacts: 16,714

Total Web Hits 2010: 12,299

Grants:

Mat-Su Health Foundation, Sustainability Snapshot Implementation Grant-12-10

Amount: \$8,620.69

Sustainability Snapshot- From the Sustainability Snapshot report, AABA identified three priorities AABA would like to address. 1. Revenue 2. Visibility 3. Investigate merging and increase the board up to seven members and form three standing committees. Description of how AABA anticipates addressing each of the priorities: 1. Increase program fees by having a third workshop in 2011, and a fourth workshop in 2012. 2. Increase awareness by advertising, and contracting the aid of a marketing/program director. 3. Investigate the options of merging with a larger organization and documenting community needs. Incorporate three board standing committees.

AdoptUSKids: 11-2010

Amount: \$5,000

Pilot RAVEN Respite Project– 10-1-10 to10-1-11

Parents have expressed that the Respite Program they want will have Respite Providers who are trained in Attachment Issues. AABA will provide the training to the Respite Providers and the

parents. The Pilot Program will include 2-4 families or six to 24 children and parents including 4-6 Respite.

Mat-Su Health Foundation, Target Wellness Grant: 9-26-2010

Amount: \$4125.00

Four Month Injection- October, November, December 2010 to January-2011

The Four Month Injection funding will be used for operating costs for AABA to continue their advocacy and programs for Parents Parenting Severely Disturbed Children that have Attachment Disorder. AABA's programs help parents find resources in their community, so they can keep their children in their homes instead of placing them in institutions. AABA helps the parents to understand their children's bizarre behavior exhibited because of mental health issues due to early traumas, and prevent some from trying suicide or mistreatment of others. AABA provides education through workshops on Attachment Disorders (Two workshops, one in May and the other in November). AABA also provides a web-site, bi-monthly newsletters, information resources, lending, and advocacy through e-mail & telephone support, community meetings, and public awareness about early childhood issues. Thank you Mat-Su Health Foundation!!!!

The Alaska Mental Health Trust Authority, Grant: 11-8-2010

Amount: \$10,000

Lending Library Expansion- January 1, 2011 to December 31, 2011

The lending library expansion will expand the lending library through acquisitions of: new editions, DVD's TV/DVD, TV Cart, bookcases, computer desk, and office space. Resources for adoptive, foster and kinship care parents and professionals who care for children diagnosed with mental health issues, such as RAD (reactive attachment disorder) are scarce within the Mat-Su Valley. Five books on RAD were found to be available. Parents are struggling with their children's bazaar behaviors and desperately searching for why, how and what to do about their children diagnosed with RAD. The Lending Library is a great resource for Alaska.

Mat-Su Health Foundation, Target Wellness Grant: 3-29-10

Amount: \$1991.00

Lending Library: June 1, 2010 to September 30, 2010

AABA's Lending Library is a resource, used by parents, children and professionals. AABA lends the books out for up to one month. If the participants cannot come to the library AABA mails the books to them. AABA has a need to update the lending library with updated and new information and copies of popular books about Attachment Disorder. AABA would like to purchase approximately 250 new and extra copies of existing books that have waiting lists. AABA requires two additional book cases approximately 35" wide and 84" tall with six shelves that will be added to AABA's other book cases. To have AABA's website, (www.akattachment.org) Lending Library section, updated with the new books and designed for easy usage.

Totem Ocean Trailer Express, Inc: 12-15-2009

Amount: \$1,000.00

Support of services: January 1, 2010 to December 31, 2010

Operating Expense to help Alaska Attachment & Bonding Associates support its mission in 2010, and to provide programs to strengthen adoptive and foster families. As the only State-

Wide organization, AABA keeps the knowledge of Attachment Disorder available to parents and professional seeking answers to their children's behaviors. Without this knowledge, many parents will place their out-of-control children in Residential Treatment Centers, many out-of-state.

Workshops in 2010

June 5th, 2010

Attachment Disorder Workshop: Holding the Hope. Kimber Olson LCSW, BCD as the instructor.

- There were forty-two attendees.

November 13th 2010

Attachment Disorder Workshop: Flirting with Disaster but coming out ahead. Kimber Olson LCSW, BCD as the instructor.

- There were forty-one attendees.

AABA is located at the City Center Business Park, 619 S. Knik Goose-Bay Road, Ste J, and Wasilla AK 99654.

AABA's staff:

1. Volunteer CEO who oversees the day to day operation of the office; Eleanor F. Oakley, MS
 2. Administrative Assistant; Laura Wagner
 3. MASST Title V (Federal funded program) employees; Dianne Ferguson, Rosemary Burnett, Joyce Hance, and Carol Rice
- AABA has the "***Lending Library***" set up in the office.

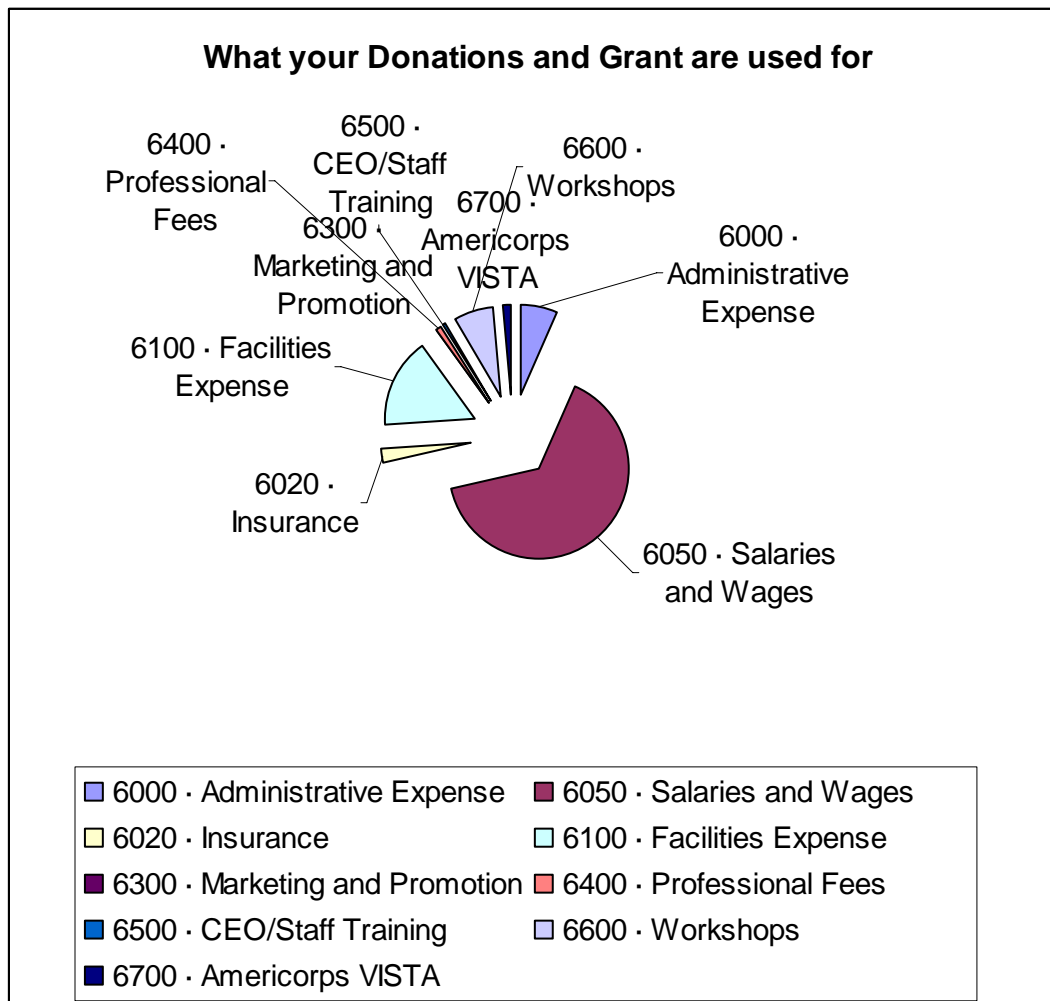
FINANCIALS:

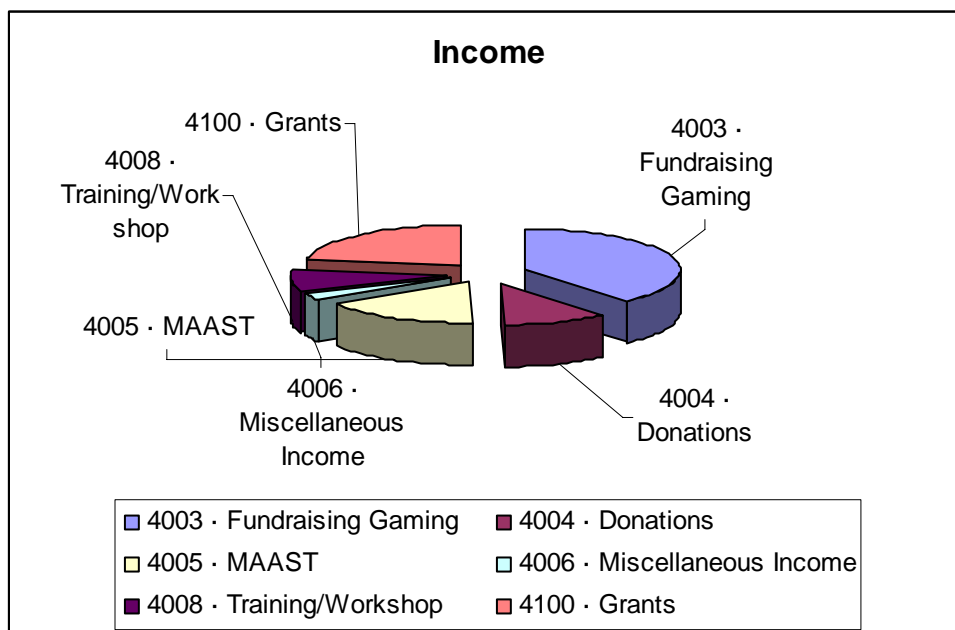


	<u>Jan - Dec 10</u>	<u>Budget</u>	<u>\$ Over Budget</u>	<u>% of Budget</u>
Income				
4002 - Fundraising Raffle	0.00	3,000.00	-3,000.00	0.0%
4003 - Fundraising Gaming	38,844.00	38,782.00	62.00	100.16%
4004 - Donations	10,992.00	10,350.00	642.00	106.2%
4005 - MAAST	16,975.10	17,128.00	-152.90	99.11%
4006 - Miscellaneous Income	2,905.76	2,400.00	505.76	121.07%
4008 - Training/Workshop	8,275.00	10,000.00	-1,725.00	82.75%
4100 - Grants				
4101 - AABA Mat-Su Health	6,143.00			
4102 - Mat Su Borough	8,000.00			
4103 - Other	8,800.00			
4100 - Grants - Other	0.00	53,152.00	-53,152.00	0.0%
Total 4100 - Grants	<u>22,943.00</u>	<u>53,152.00</u>	<u>-30,209.00</u>	<u>43.17%</u>
Total Income	100,934.86	134,812.00	-33,877.14	74.87%
Expense				
6000 - Administrative Expense				
6001 - Bank Service Charges	0.00	155.00	-155.00	0.0%
6002 - Licenses	130.00	268.00	-138.00	48.51%
6003 - Permits	50.00	412.00	-362.00	12.14%
6004 - Postage/Mail Box Rental	426.96	1,000.00	-573.04	42.7%
6005 - Printing	0.00	721.00	-721.00	0.0%
6006 - Dues	150.00	700.00	-550.00	21.43%
6007 - Subscriptions	0.00	300.00	-300.00	0.0%
6008 - Miscellaneous	133.23	618.00	-484.77	21.56%
6009 - Office Supplies	464.09	1,000.00	-535.91	46.41%
6010 - Finance Charges	0.00	500.00	-500.00	0.0%
6011 - Computer	168.00	1,030.00	-862.00	16.31%
6012 - Loans & Cash Advance Fees	0.00	0.00	0.00	0.0%
6013 - Gaming Expenses	193.20	258.00	-64.80	74.88%
6014 - Health Care	993.50	500.00	493.50	198.7%
6015 - 990 taxes	2,901.43	4,500.00	-1,598.57	64.48%
Total 6000 - Administrative Expense	<u>5,610.41</u>	<u>11,962.00</u>	<u>-6,351.59</u>	<u>46.9%</u>
6050 - Salaries and Wages				

6051 · MAAST	14,415.00	17,128.00	-2,713.00	84.16%
6052 · Payroll Taxes - 941	3,741.99	9,000.00	-5,258.01	41.58%
6053 · AK Dept of Labor	716.10	675.00	41.10	106.09%
6055 · Admin Assistance	<u>34,500.00</u>	<u>36,000.00</u>	<u>-1,500.00</u>	<u>95.83%</u>
Total 6050 · Salaries and Wages	53,373.09	62,803.00	-9,429.91	84.99%
6020 · Insurance				
6021 · Workers' Comp	757.00	549.00	208.00	137.89%
6022 · Premise/Office	792.00	1,249.00	-457.00	63.41%
6023 · Liability Insurance	<u>518.50</u>	<u>518.00</u>	<u>0.50</u>	<u>100.1%</u>
Total 6020 · Insurance	2,067.50	2,316.00	-248.50	89.27%
6100 · Facilities Expense				
6101 · Rent	9,223.57	9,242.00	-18.43	99.8%
6102 · MTA	1,128.26	1,607.00	-478.74	70.21%
6103 · Internet/Website	637.99	618.00	19.99	103.24%
6105 · Web Master	200.00	2,000.00	-1,800.00	10.0%
6106 · MEA	<u>2,089.91</u>	<u>2,781.00</u>	<u>-691.09</u>	<u>75.15%</u>
Total 6100 · Facilities Expense	13,279.73	16,248.00	-2,968.27	81.73%
6200 · Fundraising	0.00	500.00	-500.00	0.0%
6300 · Marketing and Promotion				
6302 · Promotion	50.00	800.00	-750.00	6.25%
6303 · Marketing	<u>0.00</u>	<u>700.00</u>	<u>-700.00</u>	<u>0.0%</u>
Total 6300 · Marketing and Promotion	50.00	1,500.00	-1,450.00	3.33%
Payroll Expenses	0.00			
6400 · Professional Fees				
6401 · Accounting	774.65	1,133.00	-358.35	68.37%
6402 · Consulting	<u>0.00</u>	<u>500.00</u>	<u>-500.00</u>	<u>0.0%</u>
Total 6400 · Professional Fees	774.65	1,633.00	-858.35	47.44%
6500 · CEO/Staff Training				
6501 · Registration Fees	34.00	500.00	-466.00	6.8%
6502 · Mileage	0.00	350.00	-350.00	0.0%
6504 · Meals/Per Diem	35.00	100.00	-65.00	35.0%
6505 · Retreat/Board Development	<u>200.00</u>	<u>1,000.00</u>	<u>-800.00</u>	<u>20.0%</u>
Total 6500 · CEO/Staff Training	269.00	1,950.00	-1,681.00	13.8%
6600 · Workshops				
6601 · Trainers	3,000.00	7,500.00	-4,500.00	40.0%
6601.2 · Trainers RAD	0.00	6,000.00	-6,000.00	0.0%

6602 · Facility Rental	330.00	2,400.00	-2,070.00	13.75%
6602.2 · Facility Rental RAD	0.00	1,600.00	-1,600.00	0.0%
6603 · Supplies	544.94	7,200.00	-6,655.06	7.57%
6604 · Food	812.62	4,000.00	-3,187.38	20.32%
6607 · CEU's	250.00	400.00	-150.00	62.5%
6608 · Miscellaneous	691.10	2,800.00	-2,108.90	24.68%
6609 · Scholarships	475.00	2,000.00	-1,525.00	23.75%
Total 6600 · Workshops	6,103.66	33,900.00	-27,796.34	18.01%
6700 · Americorps VISTA	1,053.02	1,000.00	53.02	105.3%
6900 · Video Production	0.00	1,000.00	-1,000.00	0.0%
Total Expense	82,581.06	134,812.00	-52,230.94	61.26%
	18,353.80	0.00	18,353.80	100.0%





PRESIDENT’S MESSAGE (2010)

I am happy to report that my health is steadily improving and I am able to be at the AABA office at least one day per week. Laura has become proficient at writing grants which has helped tremendously with our cash flow. AABA’s lending library started growing this year with several small grants and a commitment from the Alaska Mental Health Trust for 2011 for \$10,000 which was greatly appreciated.

Eleanor F. Oakley MS, CEO



LIST OF BOARD OF DIRECTORS:

CEO/PRESIDENT: Eleanor F. Oakley, MS

Therapeutic Foster Parent

VICE PRESIDENT: Jim Wardman

CASA Volunteer

SECRETARY/TREASURER: Wanda Thomas

Grandparent

BOARD MEMBER: Naomi Tigner

House Parent-Treatment Facility

BOARD MEMBER: Karen Howes

Future Special Education Teacher/Parent

BOARD MEMBER: Kaye Zwiacher, MD

Psychiatrist

ADVISORY: Bernie Janzen MS, LPC

Parent of two adopted children with attachment issues



Board Meetings Held:

Annual- February 13, 2010

General- February 13, 2010

General- September 29, 2010

General- December 1, 2010

KEY Staff:

CEO/PRESIDENT: Eleanor F. Oakley, MS

VICE PRESIDENT: Jim Wardman

ADMINISTRATIVE ASSISTANT: Laura Wagner

MASST EMPLOYEES: Dianne Ferguson Joyce Hance

Rosemary Burnett Carol Rice

DONORS

Diamond Circle: (\$10,000 to \$24,999)

Mat-Su Health Foundation (2008/2009)

Mat-Su Borough Grant (2008/2009)

Ruby Circle: (\$2,500 to \$5,999)



Wal-Mart State Foundation (2008/2009)

Mat-Su Health Foundation (Wellness Grant)

Emerald Circle: (\$1,000 to \$2,499)

Alaska Railroad Corporation (2008/2009)

Totem Ocean Trailer Express, Inc

Jim Wardman

Susan Heggen Denton

Platinum Circle: (\$500 to \$999)

Discretionary Grant-Larry Tallman

Discretionary Grant-Andy Reimer

No recognition wanted

Alaska Airlines

Bernard & Rachel Gottstein

Gold Circle: (\$150 to \$449)

American Seafood

Diversified Tire Inc

Discretionary Grant-Teri Namtvedt

Palmer Elks Lodge #1842

Laurence & Wilma Carr- Trust

James & Janet Faiks

Lee Realty, LLC

Silver Circle: (\$50 to \$149)

Brown's Electrical Supply

Kiana McKay

Dr. Natalie Beyer & Dr. Mark London

Laurence & Wilma Carr- Trust

Barnard & Rachel Gottstein

Nora & Gunnar Eversen

Laurence & Wilma Carr

Kaye Zwiacher

Bronze Circle: (\$25 to \$49)

Karen Howes

Weldin Construction

Aluminum Circle: (\$1 to \$24)

Wanda Thomas

In-Kind Circle:

Granny's Kids

Volunteers Circle:

Eleanor Oakley

Melissa Jessup

Jim Wardman

Brittany Blawn

Dianne Ferguson

Dylan Bryant

Wanda Thomas

Joy Jessup

Karen Howes

Kaye Zwiacher

Richard Howes

Virginia Schwartz

Laura Wagner

Vera Schwarberg

AABA's Third Annual Report

Annual Reports are for AABA's supporters to see the projects and programs that were accomplished through the year 2010. AABA's accountability of where all the funding is spent.

AABA would like to thank all those great individual supporters, agencies, and foundations who have supported us through the year...

Thank you!!!

We do appreciate all your support!!!!

If you would like to help support the mission and vision of Alaska Attachment & Bonding Associates, please make a tax-deductible special gift to: Alaska Attachment & Bonding Associates, PO Box 872188, Wasilla, AK 99687, or call 907-376-0366.

Thank you!

Alaska Attachment & Bonding Associates

P.S. If you have any questions or comments please contact:

laura@akattachment.org

eleanor@akattachment.org